



BE KIND, WORK HARD,
BOUNCE BACK

Dream Big

Newsletter



Issue 13 - 10th May 2024
We are a Child Safe School

PRINCIPAL'S PONDERINGS...

IN OUR TRAVELS THIS WEEK...



On Tuesday the school Leadership Team travelled to Horsham to attend the West Grampians Network Conference. We heard from a number of Principals and what they are doing at their schools as well as the keynote speaker Adam Voigt who is the founder and CEO of Real Schools. You may have seen him on television or on the news talking about education. We came away from the day with lots of new information and ideas. It was definitely a worthwhile day.

On Thursday the junior staff, Ella Clarke and myself ventured over to **Warracknabeal Primary School** to participate in a number of learning walks to see their literacy classes in action. We also checked out the new buildings and took lots of photos. The staff at Warracknabeal Primary were so accommodating and shared so much information. We gained a lot out of the feedback session and are excited to start implementing aspects of what we saw.

MOTHER'S DAY STALL

Thursday was the very exciting Mothers Day stall in the Junior Building. There were many great gifts on display, none that I can talk about as I don't want to ruin the surprise for Sunday morning. Our Year 8 Humanities have a little business ventures going at the moment and Addison, Eliza and Amaya sold their products and also assisted Krissy with the stall. Thank you ladies.

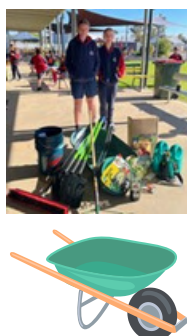
FOOD LADDER ACTIVITIES

This week the Food Ladder elective team organised the menu for the Harvest lunch coming up on the 21st of May. We will have some special visitors on that day from Food Ladder organisation including some of their financial backers who through their support have made our greenhouse project possible.

THANK YOU MAGGIE & BUNNINGS



Maggie came up with a great idea last term to write a letter to Bunnings asking for support with tools and resources for our garden precinct. Bunnings have a school program that supports requests like Maggie's. As you can see in the picture, Bunnings were very generous with their support.



Calendar 2024

Term 2

MAY

Mon 13th
Tues 14th

Wed 15th -
Fri 17th

Mon 20th

Thur 23rd

Mon 27th

Wed 29th

JUNE

Mon 3rd

Mon 10th

Fri 14th

Tue 18
Wed 19th -
Fri 21st

WEEK 5

LD X Country Junior & Senior @ Nhill

MARC Van

Gr 3/4 Billabong Ranch Camp

WEEK 6

Rainbow Lake Planting Day with Melbourne Zoo

Livin Well

WEEK 7

GWR Cross Country
Cluster Winter Sports

WEEK 8

Junior School incursion

WEEK 9

Kings Birthday Public Holiday

STUDENT FREE DAY
Staff PD

WEEK 10

GAT
Longy Ag Camp

Meeting Dates School Council

Monday 13th May 2024

Junior SRC
Icy Poles \$0.50c
Wednesdays
at Lunchtime



PRINCIPAL'S PONDERINGS...CONT

INTER-GEN BABY GOATS

This week we saw a couple of Inter-gen activities. On Tuesday the Prep/Ones and the Grade 2/3/4s were able to visit the Hospital and join in the sessions with the baby goats (one mighty sad Principal who missed out on this!). Today (Friday) the Grade 3 students worked with the residents on some Mother's Day craft. Thanks to all parents/carers who have supported the need for RAT tests.



HOMEROOM CHALLENGES

Our water bottle challenge for this week saw spray bottles and a plastic bag as options!!! (unfortunately, I forgot to take any photos this week! Stay tuned for next weeks challenge.



OUR STUDENTS IN ACTION



*Charlie with Prep students
Poppy, Tom & Jud*



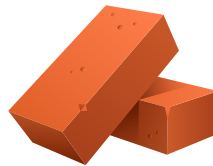
*Natas, Logan & Mitchell with
Chantelle*



*Maryjane, Georgie,
Henry & Eli*

BUILDING WORKS

Hopefully coming soon to a school near you!



To all our wonderful
Mums and Carers

from all of us at
Rainbow P 12
College

75
Nights

Reading Certificates

50 & 75
Nights
WOW!



Jurie



Bella



Logan



Kayla

INTER-GEN

Our Prep - Grade 4 students had a lovely time on Tuesday when they visited the Hospital, spent time with the residents and the baby goats.



CANTEEN

Junior students can now bring lunches to be warmed up in the Canteen on Mondays, Wednesdays and Fridays.
Foil trays are available to purchase - \$2 for 10.





School Wide Positive Behaviour Student Voice, Agency and Leadership



WHOLE SCHOOL EXPECTATIONS



	WORK HARD	BE KIND	BOUNCE BACK
ALWAYS, IN ALL AREAS	I Will... <ul style="list-style-type: none"> Try my best in everything I do Participate Wear correct uniform with pride Take responsibility for my actions Set goals and work to achieve them Clean up after myself 	I Will... <ul style="list-style-type: none"> Use manners and speak respectfully to everyone Listen to, support and encourage others Follow directions of all staff Keep my hands, feet and objects to myself Be kind to myself and others 	I Will... <ul style="list-style-type: none"> Be an upstander Accept when routines change Focus on what I can control Use a growth mindset Keep a sense of humour Identify and manage my emotions
IN THE CLASSROOM	I Will... <ul style="list-style-type: none"> Always bring correct equipment to class Arrive on time, ready to learn Ask for help Always complete my work to the best of my ability Build my stamina 	I Will... <ul style="list-style-type: none"> Respect my classmates and allow them to learn Encourage others Be patient and calm 	I Will... <ul style="list-style-type: none"> Be a problem solver Try to build and look after friendships Be patient Embrace mistakes and learn from them
IN THE YARD	I Will... <ul style="list-style-type: none"> Complete my yard duty and canteen duty Wear my hat in terms 1 and 4 	I Will... <ul style="list-style-type: none"> Include others in games and activities Accept and follow the rules Put rubbish in the bin 	
DREAM BIG			

Reflecting on our school values and expected behaviours

These are the behaviours that we encourage in our students every day.

Each week we have a focus behaviour, which is addressed at Monday morning assembly. We also use this opportunity to congratulate students for the positive behaviours we have seen in the previous week. If you are interested in our School Wide Positive Behaviour structure, you are more than welcome to contact the school and chat with Ella Clarke.



Student Meetings and SRC Events

School Captains' Breakfast: Fri 28th June

SRC Meeting Dates:

Junior SRC: Thur 23rd May

Senior SRC: TBA

Upcoming Casual Days

Fri 31st May - May 50K (wear red)

Fri 28th June - Junior - Jump Rope for Heart (wear red)

Senior - Push Up Challenge (wear yellow)

Mon 19th Aug - BOOK WEEK (favourite book character)

Thur 31st Oct - Halloween

From one of our School Captains, Heidi Smith
The May 50k 2024!!!

Join us this May to leave MS behind!!! 1 in 3 Australians are impacted by Multiple Sclerosis. That's 33,000 Australians. By joining in the May 50k you can help fundraise to support research into the prevention, treatment and finding a cure for Multiple Sclerosis to change lives. To join the Rainbow P-12 College team type in the link below and click the red button that says join us!

<https://www.themay50k.org/fundraisers/rainbowp12college>

We would really appreciate any support we get during this challenge and can't wait to smash out some Km's as we go through May!
Thank you !!!!!



HEY VCEs...
WANT TO REDUCE YOUR WEEKEND HOMEWORK
AND FREE UP TIME TO DO FUN STUFF?
WELL YOU CAN!!



Stay at school each afternoon from **3pm until 5pm**. This gives you **TWO HOURS HOMEWORK TIME** without those annoying distractions lurking at home (like your phone, the TV or even younger siblings!!)

Study Buddies gives you the opportunity to get lots of uninterrupted homework done before tea time. If you stay and study four times a week after school, that's potentially eight wonderful productive homework hours, freeing up time on the weekend to relax, avoiding that Sunday night "I haven't finished my homework for Monday" panic and making teachers all over the school really happy



During this time, you can undertake homework, extra study or take an opportunity to catch up with your teachers for extra support where possible.

There will also be some shameless bribery in the form of afternoon tea/snacks on offer for those who are able to stay.

Please let Mrs Leach know if you are wanting to stay after school and be a **STUDY BUDDY!**

SOUTHERN MALLEE LAKES CLUSTER CROSS COUNTRY, 2024

Last Friday 3rd May, in delightful conditions, the Southern Mallee Lakes Cluster Cross Country was held in Beulah. Our students' behaviour was excellent and their efforts and sportsmanship, outstanding. It was lovely to see friendships continue to develop between students from different schools. It was also great to note the presence of several Rainbow parents barracking for their children. Thanks to everyone who assisted in the running of the day.

9 students have qualified to run at the next level - Little Desert Cross Country in Nhill on Monday 13th May and we wish them all the best.



Mitchell & Henry



Judd



Pippa & Felicity



Tyler



Nate, Koby & Hendrix



Evie & Elsie



Maddi & Bella



Evie, Noah, Elsie & Jurie



Prep / 1 activities



Honey

All students showed lots of grit and determination to finish their races, with notable results as follows:

5/6 year old boys	1st	Logan Webb	3rd	Henry Fisher
5/6 year old girls	equal 3rd	Poppy Gould and Madi Jochinke		
7 year old boys	1st	Eli Simpson	3rd	Tate Heinrich
8 year old boys	3rd	Louis Glen		
9 year old boys	1st	Nate Clugston		
9 year old girls	3rd	Yvie Le Bas		
10 year old boys	2nd	Hendrix Clugston	4th	Murphy Jochinke
10 year old girls	3rd	Emmi-Lee		
11 year old girls	2nd	Adalyn Clugston		
11 year old boys	1st	Harry Fisher	4th	Kolby Bigham
12 year old girls	1st	Honeyrose		
12 year old boys	1st	Hugo Gould	4th	Edison Stasinowsky
	5th	Callum Fuller		

VCE VM WORK RELATED SKILLS...

STUDENTS COOK UP A STORM

As part of our WRS course, we have been focusing on budgeting skills. This has included fast-forwarding a few years and exploring how much it costs to move away from home as well as possible income sources. It has been a bit of an eye-opener as students discover all of the expenses they may incur compared to their income in a chosen pathway such as jobs, apprenticeships or life as a Uni student.

With this in mind, we decided to see if we could cook a meal for under \$10. We found recipes, wrote shopping lists and shopped. We then cooked up the budget-minded culinary delights you see in our photos. Overall, it was a valuable experience and the meals were within budget and (mostly) quite nutritious! A successful undertaking, I would say!



My Just MUM PUDELOBLE and me



PREP / 1 CLASS

MOTHERS DAY ACTIVITIES

My ELI and me



My Logan and me



Tate

My Mum and me are talking



Tate

Mum

About my Mum

My mum's name is... mariah

My mum's favourite colour is... Purple

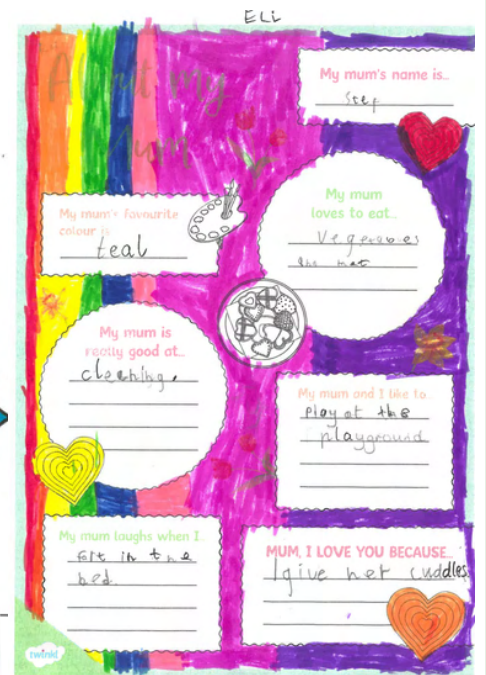
My mum loves to eat... sushio

My mum is really good at... haircut

My mum and I like to... listen to music

My mum laughs when I... laugh

MUM, I LOVE YOU BECAUSE... you're the best



ELI

My mum's name is... seep

My mum's favourite colour is... teal

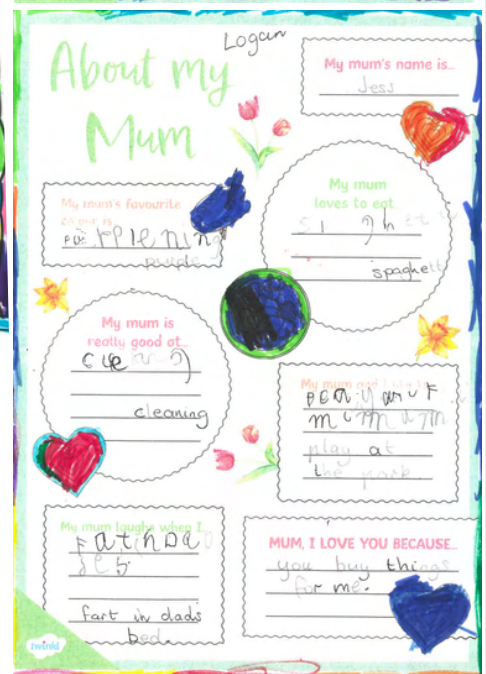
My mum loves to eat... veggie

My mum is really good at... cleaning

My mum and I like to... play at the playground

My mum laughs when I... eat in the bed

MUM, I LOVE YOU BECAUSE... I give her cuddles



Logan

About my Mum

My mum's name is... Jess

My mum's favourite colour is... purple

My mum loves to eat... chicken

My mum is really good at... cleaning

My mum and I like to... play at the park

My mum laughs when I... eat

MUM, I LOVE YOU BECAUSE... you buy things for me

My Mum and me

Georgie



My Mum and me



PREP / 1 CLASS

MOTHERS DAY ACTIVITIES



LOVE



The Cat is a friend



happy Mother's Day



Rainbow P-12 College

EUPHORIA FORMAL

August 2nd 2024

Prep - Year 6 Semi Formal:

Tickets \$10

4pm - 6pm at the Rainbow Rec Reserve

Music, fun games and activities, party bags, finger food and drinks supplied



Years 7 - 12 Formal:

Tickets \$20

7pm - 10:30pm at the Rainbow Rec Reserve

DJ, Fun games and activities, grazing table and drinks supplied

Year 10-12's may invite a +1 (must be aproved by Ms Petsch)

This is a drug, alcohol, smoke and vape free event





COMPLETE
OUR SURVEY
FOR YOUR
CHANCE TO
WIN!

YOUR SMILE CAN TELL A STORY ABOUT YOUR OVERALL HEALTH!

Partnering with La Trobe University, West Wimmera Health Service is conducting a quick and anonymous Oral Health Survey to find out more about oral health across our service area.

Take just 10-15 mins to share your insights on oral health. It's a window into your general health too!

As a thank you, choose to enter for a chance to win one of three \$100 grocery vouchers!

Don't miss this chance to shape the future of oral health in your community.

For more info and to complete the survey, scan the code:



WEST
WIMMERA
HEALTH
SERVICE



LA TROBE
UNIVERSITY

Violet Vines Marshman Centre
for Rural Health Research

Chaplaincy
Book Fair
Fri 17 May
12noon-9pm
Sat 18 May
9am-12noon
Books \$1 Kid's books 50c Maroske Hall-Dimboola Rd

Rainbow Senior Badminton 2024 Season

Starts Monday 27th May & Wednesday 29th May.

All interested players please enter your names to Jill Eckermann 0428 539 512 by 22nd of May.

New venue is the Mecca, Federal street Rainbow.

Practice, Come & Try Night

Wednesday 22nd May at 7.30pm

All new and previous players are welcome

BBQ RUBS & SPICES

Are you sick of tasteless meat?

We have the thing just for you!

Spice Lion, Australian hand mixed BBQ rubs and spices.

Spice Lion rubs are crafted with the highest quality ingredients, so you can truly spice up your dishes.

With our 100 % natural rubs and spices, you can unlock recipes that will have your family and friends impressed and their taste buds come alive.

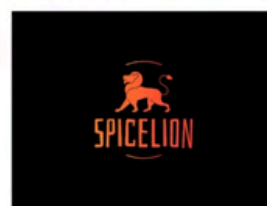
Spice lion is suitable for all occasions and skill levels.

\$5 for a small \$8 for a large.

So, if you want to get your hands on these magic rubs, call the school to place your order on **53951063**.



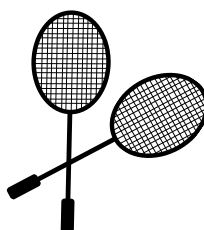
Small (60gms net)



Large (150gms net)

THIS IS PART OF MR
LEACH'S \$20 BOSS
ACTIVITY IN YEAR 8
HUMANITIES

From Kane and
Evan (Kev)



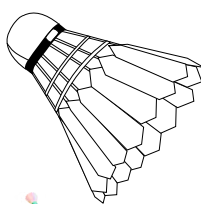
Rainbow Junior Badminton 2024 Season

Starts Wednesday 15th May

At the Mecca, Federal street Rainbow

Time: 3.15pm

Cost: \$2.00 per night



All children must wear sneakers

any enquiries, contact Jill Eckermann

0428 539 512



Red Table Services

We offer:

- Dog walking
- Lawn mowing
- Plant watering

Call us today!

Zach: 0490 241 817

Lily: 0432 187 766

Calling hours:

Weekdays: 4pm – 5:30pm

Weekends 10:30am – 5:30pm

Prices:

Lawns – Small \$10, Medium \$15, Large

\$20

Dog walking - \$10 per hour (per dog)

Plant watering - \$12 per hour



BACK TO THE 90's

DISCO

THIS IS A SMOKE,
DRUG, ALCOHOL
AND VAPE FREE
EVENT

WHERE?

FREE FOOD
AND BUSES
AVAILABLE!!

DIMBOOLA MEMORIAL
SECONDARY COLLEGE

WHEN? FRIDAY 31 MAY 2024 TIME? 6:30PM-9:30PM

BUS REGISTRATIONS CLOSE 29 MAY 2024

for more information, please contact youth@hindmarsh.vic.gov.au
or call 03 5391 4444.
Register by scanning the QR code below or visiting
www.hindmarsh.vic.gov.au/events.



www.freeze.vic.gov.au

SCAN



INFORMATION FOR CUSTOMERS

Australian Government Mobile Service Centre



Serving Regional Australia

Visit the Mobile Service Centre to find out about Australian Government payments and services for rural families, older Australians, students, job seekers, people with disability, carers, farmers and self-employed people.

Information about Department of Veterans' Affairs programs and support services for veterans and their families will also be available.

Staff can provide you with information and support. They can also help you create a myGov account. myGov is a simple and secure way to access government services online.

Thursday, 23 May 2024

9:30 am to 4:00 pm

In front of Mecca, Federal Street

RAINBOW

For more information, go to **servicesaustralia.gov.au/mobileoffice**

SE156.2103



Australian Government



Services
Australia

servicesaustralia.gov.au/mobileoffice

Australian Government Mobile Service Centres



If you live in a rural area, you may need to travel greater distances to access government payments and services. To make it easier for you to access these services, we're bringing them to you and your community.

Mobile Service Centres travel extensively throughout rural and regional Australia and also to disaster affected areas to provide help and support.

Staff from Services Australia travel with the Mobile Service Centres and can help you with Centrelink and Medicare payments and services. Our Mobile Service Centres also have disabled access.

Information about Department of Veterans' Affairs programs and support services for veterans and their families will also be available.

Wi-Fi is available for visitors to the Mobile Service Centre and staff will be able to help you create a myGov account. myGov is a simple and secure way to access government services online.

Our staff will provide you with friendly face-to-face service, information and support. From time to time, representatives from other government agencies also travel with the Mobile Service Centres.

Information and help you can access on board the Mobile Service Centres

We provide information, help and support to rural and regional communities, including:

- families
- older Australians
- students
- job seekers
- people with disability
- carers
- farmers
- self-employed people.

We can assist you with:

- registering and using the agency's online services
- new claims for Centrelink payments
- updating and confirming Centrelink and Medicare information
- information on how financial matters may impact on payments
- assistance with payment and service options
- rural payment entitlements for eligible farmers
- non-cash Medicare transactions
- enrolling for and issuing new Medicare cards
- updating and re-issuing Medicare cards
- social work support and referrals.

More information

To view the latest itineraries for the Australian Government Mobile Service Centres, visit **servicesaustralia.gov.au/mobileoffice**

The stopping locations for Mobile Service Centres are promoted in each town and on social media before each visit.

