



Issue 2 - 8th February 2024 We are a Child Safe School

## **OUR STUDENT LEADERSHIP TEAM**

It was with immense pride and admiration that we had our badge presentation on Monday to recognise the courage, enthusiasm and commitment of our many student leadership

teams. We are in exceedingly good hands this year. This can be seen from the many student initiated activities that are already in progress. Thanks to the many parents / carers that ventured in to celebrate their child's roles and particularly to Choni Petschel who presented a



number of badges on behalf of the Parents and Friends Association.

Student voice agency and leadership is definitely alive and well at Rainbow P-12 College.

#### **FOOD LADDER**

We are very lucky to have Nigel and Veronica from Food Ladder come up to Rainbow to construct and set up our new hydroponics greenhouse.

They have been ably assisted by the enthusiastic and skilful Food ladder elective class.

They will be working with us for the next couple of weeks to set up the system and teach students and staff about how to effectively use the greenhouse.



Parents / carers and community members are more than welcome to pop in, check out the greenhouse and have a chat with Nigel and Veronica about hydroponics and the greenhouse set up.

#### JUMPY HAS DEFINITELY ENTERED THE BUILDING!

Jumpy is now larger than life on the back wall of the junior building. A huge shout out to **Loud Signs** for their outstanding efforts with designing and setting up the display. It looks fantastic!



# Calendar

2024

<u>February</u>

Fri 9th P 12 Swimming Sports

Week 3

**Mon 12th -** Job Camp **15th** Yr 10, 11 & 12

**Fri 16th** VCE English Study Day SM Cluster Swimming

sports - Hopetoun

Week 4

**Tue 20th** Pancake Day

MARC Van

Week 5

Mon 26th LD Swimming sports Tues 27th Man Cave &

Flourish Journey

MARCHWeek 6Tue 5thMARC VAC

<u>Week 7</u>

**Thurs 14th** Elevate Study Skills

Session

# Meeting Dates School Council

12th February 2024

## **Parents and Friends AGM**

4/3/24 @ 7-30pm

Webex available 26502576368

#### PRINCIPAL'S PONDERINGS...CONT

#### **CHANGES - UPDATE**

Due to the growing concern with the number of trucks on Taverner Street we have come up with Plan B for staff parking.

There will now be no staff parking on the street and limited short term parking for visits and deliveries.

Thanks to the generosity of Robert Cole, who cleared his vacant block of land on the corner of Gray and King Street, we now have a car park! On Wednesday we visited the residents in the flats and others who may be impacted by the use of the land for parking. They were all very supportive of the car park.

#### **BUILDINGS WORKS UPDATE**

No progress this week....very slow going with the paperwork side of things at the moment!

#### WELCOME BBQ

On Wednesday we held our Welcome BBQ. The attendance was better than expected (as we were clashing with some other events). Parents/carers took the opportunity to chat to staff in a relaxed and informal setting.

The information session covered topics such as new staff, building works update, our focus for the year, communication, swimming sports, SWPBS and the Food ladder.

Parents, students and staff were then treated to a BBQ cooked by staff with some lovely salads prepared by the Grade 5/6 Cooking class. Thanks to all parents, staff and students who supported this event.

#### **SWIMMING SPORTS**

Tomorrow is our P-12 Swimming sports. This is usually a fantastic way to celebrate all that is wonderful about P-12 schooling.

I would encourage all parents, carers and the wider school community to come along in their house colours and really support this day.

# **GO HINDMARSH!!**

GO ALBACUTYA!!

# **CANTEEN 2024**

Canteen will run **Monday** and **Friday** for Bakery items, hot dogs & dim sims, milkshakes, lollies, chips & ice creams.

# Heated lunches on Wednesdays will continue in terms 2 & 3.

Primary student lunch orders to be written on a white lunch bag. Bags are available from classrooms.

Please include Primary milkshakes on the lunch order bag.

Secondary students lunch orders are to be written on a brown lunch bag.









# **School Wide Positive Behaviour** Student Voice, Agency and Leadership



# Welcome

Welcome back to our Student Voice Agency and Leadership (SVAL), and School Wide Positive Behviour Supports (SWPBS) page for 2024. This is where you will find information on upcoming SRC events, communication from our student leaders, SWPBS information and celebrations and photos of our students in action.

This year we are committed to encouraging more student voice in our school - we want our students to be partners in their education and to feel comfortable talking with our staff about what is working for them and what might need a bit of improvement.

With the building works going on, we will have times where the learning environment will be challenging and it is important that we listen to the needs of our students.

To help with this, we have boosted the profile of the Form Captains, encouraging them to be spokespeople for their classmates in forums and leaership meetings. Our School Captains will continue to be the public face of our school, running assemblies and representing the school at community events. We are also committed to helping the School Captains implement their ideas for the school, which includes the opportunity to attend leadership conferences to build their capacity.

I am planning to hand this page over to the student body this year, for them to share with the school community what they see as being important, and to celebrate the things they are proud of.



## **Student Meetings and SRC Events**

Friday 9th Feb: House Colours Day for Swimming Sports - Prizes for best outfit to be won!

Tuesday 20th Feb: Pancake Day

Friday 23rd Feb: Whole School Forum - Led by **School Captains** 

Wednesday 12th - 13th Mar: Youth Leadership Conference (Melbourne) - For senior school leadership team

Thursday 28th Mar: Form Captains' Breakfast

**SRC Meeting Dates: TBC** 

I look forward to year of helping each and every one of our students to find their voice, become active players in their learning and their community, and supporting and celebrating their achievements. Please always feel free to get in touch with me at the school if you have questions about SWPBS, or ideas/expertise that might help make our school a positive and empowering experience for our student body.

> Ella Clarke (Miss Wizz) SVAL and SWPBS Coordinator

What an awesome start to the year - we have had 118 Rooward points handed out already! Keep up the great work!



# PANCAKE DAY



RAINBOW

REC

RESERVE

# Tuesday 20th of February at School

Please note: junior school with be at recess and senior school and staff will be for lunch.

# Savoury Pancakes - \$7.00

Choices are - Crab meat or Spaghetti Bolognaise.

# **Sweet Pancakes - \$7.00**

Choices are – Strawberry and Ice cream or Banana and Ice cream.

# Simple Pancakes - \$3.00

Choices are - Maple syrup, Jam and Cream, Ice Cream or Lemon and Sugar.

Could Students and Staff please write their names, orders and grade on the outside of an envelopes and have the correct money inside.

Orders due by Tuesday the 13th of February.

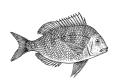


# **Fishing Elective**

# "THANK YOU HERBIE"

In appreciation for his input of knowledge and hands on learning for the fishing elective the students purchased a fishing shirt for him. The elective is now into its third year and Herbie (Alan Edmonds) has travelled from Beulah on most days to participate in it. He has shared his experiences with them of his fishing adventures all over Australia. Herbie has shown the students how to tie knots, set up rigs, identify fish and skills needed to catch them. His input to the elective is valued extremely high by the students and the college. He has set up a great relationship with the students and the heed the valuable advice given, the look forward to his visit each week. Herbie was extremely elated with the shirt and said that he got a great deal of

satisfaction from being a part of the program.













RAINBOW SCOUT GROUP TUESDAY
13TH
FEB
3:30PM
TO
5PM

CUBS
7.5 -11 YEARS
SCOUTS
11-15 YEARS

ALL ADULTS AND
YOUTH ARE
INVITED ALONG
TO CHECK OUT
WHAT WE DO.



# FOOD LADDER

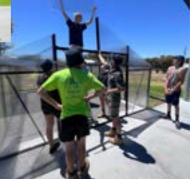






























# RAINBOW P 12 COLLEGE SWIMMING SPORTS @ RAINBOW SWIMMING POOL

Friday 9th February - Starting time 8:50 am

#### Important Information

Students are expected to come straight to the Rainbow Pool at 8:40am for an 8:50am start. Buses will be dropping off and picking up students straight from the pool.

Sunscreen is provided by the school, however, if you child has a sensitivity please bring some from home.

The pool canteen will be open and there will be a BBQ for lunch.

Lunch break will be approximately at 12:30pm. But we encourage students to eat during breaks within their program.

Students are to remain in house areas at ALL times to ensure that the swimming program runs smoothly.

#### What to Bring

#### Clothing:

House Colours or Sports Uniform

Bathers, rashie and towels (at least 2)

Suitable sunhat

Jumper/tracksuit pants - if the weather is cool

#### Food:

Snacks, Water, Packed Lunch (if not having BBQ)

Sausages \$2

Hamburgers \$4

Chicken steaks \$6

#### Change to Age Champions

This year we will be trialing a new system to determine age champions. Due to low numbers in different age groups in both boys and girls categories we have decided to merge age groups for the age champion medals. This will create a healthier and tougher competition that will push students to strive for their very best. The age groups will be 5-8 year olds, 9-10 year olds, 11-12 year olds, 13-15 year olds and 16-18 year olds. The Swimming Sports will still run as normal, and all students will still obtain ribbons and house points for their age group events.

If you have any questions, please contact our Senior Sports Coordinator Elly Marra at the school.

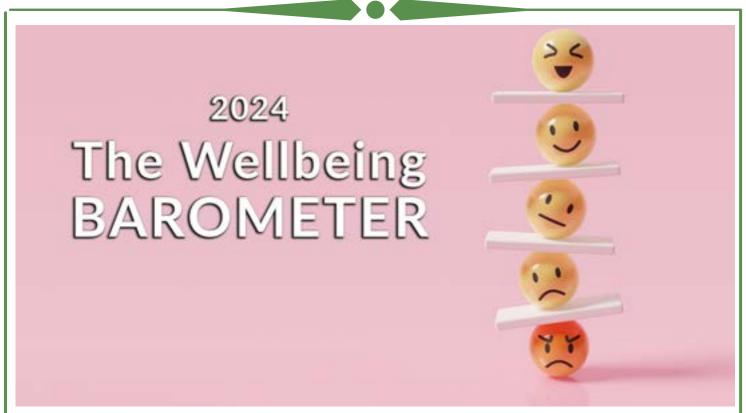
# **HEAD LICE**

It has come to the school's attention that head lice are around at the moment. Could all parents please check their children's hair and seek treatment ASAP.

Children are to stay home if infected with head lice until they clear of the lice.

There are treatment products available at Rainbow Community Pharmacy or contact the school if you are having difficulty sourcing any treatment.

Please contact the school if you have any queries or concerns on 53 951 063



## SPECIAL REPORT: The Wellbeing Barometer 2024

The Wellbeing Barometer survey has proven to be an invaluable tool for schools, providing insights into the state of youth mental health and wellbeing. Whilst last year's results focussed the spotlight on areas of concern, there were also many highlights that demonstrated the resilience and adaptability of students and emphasised the necessity of prevention strategies.

Participating in this year's survey, will assist in identifying areas of strength and concern, as well as pinpointing opportunities for early intervention. Previously gathered information has helped support families as they navigate difficult conversations that enable understanding and foster connections to build relationships.

This survey is part of an ongoing, longitudinal study, with the results being instrumental in tailoring support for students and their families. Participation is strongly encouraged, as it provides a comprehensive view of students' experiences, challenges, and achievements over the past year. Its aim is to capture a comprehensive picture of young people's lives, allowing for a tailored approach to enhance mental and emotional wellbeing.

We encourage you to take a few moments to complete a survey for each of your children. This will help us determine the nature and extent of your concerns and how best to support families in the months ahead. Responses remain anonymous and will only be reported on an aggregated basis. You are asked to base your responses on observations made in the last 12 months.

Acquiring the skills for future independence, taking healthy risks, and giving young people the opportunity to emancipate from parents, are key developmental tasks that are essential if we are to stave off the impact of mental illness in the future. Please reflect on the information offered in this Special Report, and as always, we welcome your feedback. If this raises any concerns for you or your child, please reach out to the school or seek professional medical advice. Here is the link to your special report

https://rainbowp12.vic.schooltv.me/wellbeing\_news/special-report-wellbeing-barometer-2024-au

