



BE KIND, WORK HARD,
BOUNCE BACK

Dream Big

Newsletter



Issue 25 18th August 2023
We are a Child Safe School

PRINCIPAL'S PONDERINGS...

INTER-GEN ACTIVITIES - 7/8 Personal Learning Lunch

This week we saw the Year 7/8 PL class plan, cook and serve a delicious meal to the Retired and Active ladies. The students worked exceedingly hard to prepare the meal of an entrée of wedges or garlic bread, main of baked potato or spaghetti with cheesecake or apple crumble for dessert. They didn't even blink or miss a beat when the guests arrived a tad earlier than expected. It was great to see the interaction between the generations, the animated conversations and the building of relationships. Congratulations to the Year 7/8 PL students... you did us proud!



Caleb and Tim preparing the meal



Students and community members having lunch together

THE MAN CAVE & FLOURISH GIRL

On Thursday 17th August, all senior students attended either The Man Cave or Flourish Girl. These sessions are always highly anticipated and the students always approach the days with enthusiasm and an open mind. Sometimes the sessions are honest and raw from all parties involved; students, teachers and presenters. It gives a chance for the students to express their feelings, challenges and thoughts in a safe, supportive and confidential manner. We are exceedingly lucky to have these

FLOURISH *girl* organisations make the effort to travel to Rainbow and provide a structure and safety net for this to happen.

LIONS EYE HEALTH PROGRAM

On Tuesday the Lions Eye health program completed 38 eye scans. It was great to see such a good uptake of this service.



Calendar

Term 3

AUGUST

Mon 21st
Tues 22nd

Wed 23rd
Thurs 24th
Fri 25th

Sat 26th-
Sun 27th

Mon 28th-
Fri 1st

Mon 4th -
Tues 5th
Thurs 7th

Mon 11th
Wed 13th
Fri 15th

2nd Oct

Week 7

Book Week Parade
MARC Van
Our Space Session
Student Free Day
Golf Trip 7-10 Elective
SM Cluster Athletics @
Rainbow
VCE English Study Day
KINDER QUIZ NIGHT
Community Groups
will remove resources

Week 8

Year 10 Work
Experience
Book Fair



Week 9

School Production

LD Aths at Stawell

Week 10

Yr 9/10 Sailing camp
Piano Exams - Mildura
Footy Colours Day
End of Term 3

Term 4

Term 4 begins

Meeting Dates

School Council

11th September

Parents and Friends

General Meeting 28th August
12pm at school

Webex available 26502576368

PRINCIPAL'S PONDERINGS...CONT

TEACHER EXTRAORDINAIRE – WILLIAM BOYLE!

In the Grade 3/4 DigiTech class this Thursday we had a guest teacher in the form of William Boyle from Grade 6. He shared his knowledge and love of all things Makey-Makey... which was definitely a lot more than the teacher! William showed them how to remap the device and connect the wires to make it more functional. He spent time with each student helping them explore and experiment. Well done William Boyle!



William Boyle

BUILDING WORKS TAKE #2 – UPDATE 13

On Wednesday 16th August we had the community group walk through. We had 9 community organisations come on the walk through and place dots on items that they could make use of.

If anyone has a couple of spare hours to assist with packing and moving on Wednesday 23rd August we would really appreciate it.

Here are a couple of important dates to remember:

- Community group walk through & sticker placement – Wednesday 16th August - DONE
- Student free day – Wednesday 23rd August
- Community walk through – Thursday 24th August
- Community group weekend to remove resources - Saturday 26th & Sunday 27th August
- Garage sale – TBC
- Proposed construction starting date has moved back.



Please note that there is now a community walk through scheduled for 4pm on Thursday 24th August. Please meet at the front office.

PARENTS/CAREGIVER/GUARDIAN SURVEY

A Compass post was sent out on Monday 7th August with all the details regarding this survey. The survey is open until Friday 8th September. Your opinions and feedback are valuable tools in shaping how we move forward to ensure the best education for our students now and into the future. We have 57 families at school. We would love to get input from every family if possible. Our response rate as of Thursday 17th August is only 16% (that is 9 surveys).



PLEASE HELP SHAPE THE FUTURE OF YOUR CHILD'S EDUCATION.

RAINBOW GRAB N GO

This week the Grab 'n' Go team successfully cooked the Rainbow version of HSP (Happy Snack Packs). Even though the VM class was a tad understaffed, they still managed to provide meals to all who ordered. A big thanks to other students who jumped in to lend a hand including Natalie, Emma, Heidi and any others who helped out. Due to the Our Space Session, next week's menu is TBC.

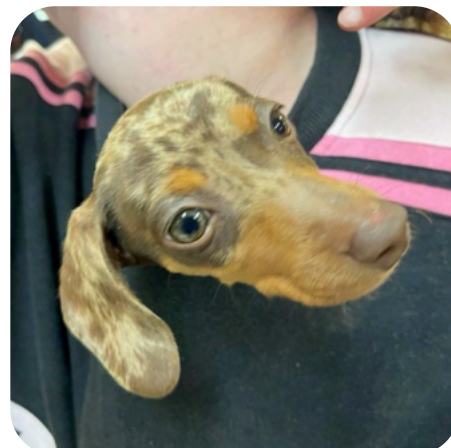


HELLO FROM FRANKIE Here are a couple more photos of the real boss of the school!!

Emma with Frankie



Frankie





School Wide Positive Behaviour Student Voice, Agency and Leadership



School for Student Leadership 2024

Once again we have been offered positions for the School for Student Leadership in 2024. The allocation is for 4 male and 2 female students in Term 4 at Gnurad-Gundidj campus, which is down near Warrnambool.

This opportunity is open to our 2024 Year 9 cohort. As always, students who are interested will be asked to put in an application at the beginning of the year. The selected students will be away for 8 weeks, during which time they will develop their leadership skills, learn more about themselves, improve their outdoor skills through expos and other activities, and develop a community learning project to execute when they return home.

We are very pleased to continue to have access to this amazing program and encourage all current Year 8 students to think about applying.

New Outdoor Furniture

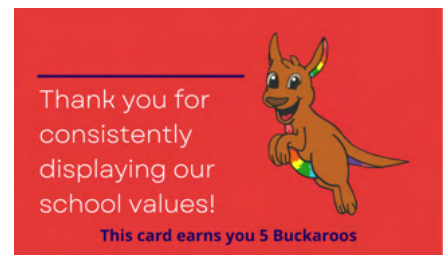


Celebrating Consistency

Congratulations to our students who have been recognised this week for consistently displaying positive behaviours and character strengths.

Holly Doxey
Jurie Ali
Koby Weir
Shekinah Hurlstone
Tessa Leach
Ayla Roberts
Tanner Bigham
Clarissa Bigham

Heidi Smith
Lilly Williams
Emma Saul



Meetings and Events

SRC Icy Pole sales: Thurs lunchtimes

Senior SRC Meeting: TBA
Junior SRC Meeting: TBA

Form Captains' Breakfast: Friday 8th Sept
Whole School Forum: Friday 13th Oct

Upcoming Casual Days

Book Week: Monday 21st August

RUOK Day: Thursday 14th September

Footy Colours Day: Friday 15th
September

BOOK CLUB

Issue 6

Orders due by 28th August



Supervision at school begins at **8.30am**, please ensure that your children are not here before then, unless prior arrangements have been made.



2023 Student Fees

Some 2023 School Fees are still due. Please check at the office if you are unsure if you have paid or not. Payment plans are available if required. Please see the front office staff to arrange this.

Friday Club

For interested families, Friday Club is held every week. Students can walk down to the Lutheran Church Hall with Karen Koning after school on Fridays.



DO YOU WANT A PRINTED NEWSLETTER?

If you would like a printed newsletter from now on, you need to opt-in by contacting the office on 53951063 or emailing rainbow.p12@education.vic.gov.au



ICY POLES

The Junior SRC will be selling Icy Poles at lunchtimes on **Thursdays** for 50 cents

Student Absences

Please remember to inform the school if your child is away from school for any reason by either using Compass or phoning the office on

53951063



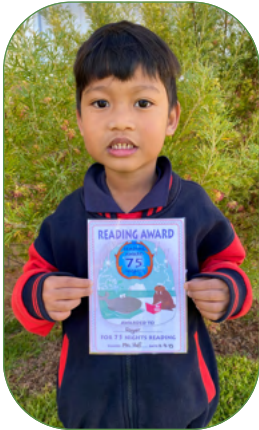
Check Out the Social Media Platforms we are making.



Linktree* <https://linktr.ee/rainbow.grabngo>

READING AWARDS

75 nights



Roger



Honeyrose

125 nights



Logan



Nate

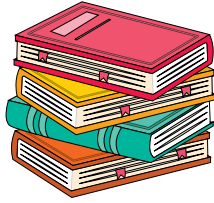


Kolby



Jurie

100 nights



William

150 nights



Felicity



Tanner



Xavier



175 nights



Multi Lit



Tyler



Lilah



Haylee



Bella

BOOK FAIR!

SCHOLASTIC

28TH AUGUST 2023

JUNIOR BUILDING

MORE INFO TO COME IN THE FOLLOWING WEEKS

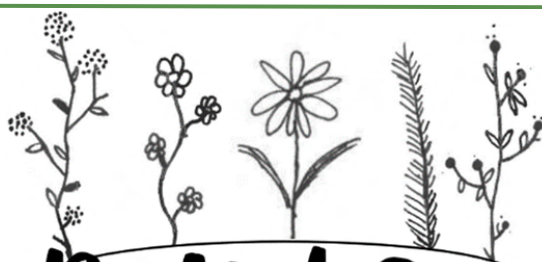
Production Rehearsals

We are looking for witch and wizard costumes for this year's production. If you have any old Halloween costumes (dresses, hats, broomsticks, capes, wands...) in the dress up box at home that you could lend us, it would be much appreciated. Sizes from around Grade 4 up.



Parents / carers of students in the production, please note that there will be after school rehearsals on Wednesday 16th August and Wednesday 30th August, from 3pm - 4.30pm.

Please send your child with any costume items that you have so that we can figure out what else we still need.



Rainbow

Grab 'n' Go



Week 7 - 22 Aug

Tuesday - Muffins (TBC)

Week 8 - 29 Aug

Tuesday - Toasted Sandwiches

Thursday - Coffee

Week 9 - 5 Sept

Tuesday - Slices



ATTENTION

Our community is currently experiencing a large number of Gastroenteritis cases, colds and flu. If your child is unwell or experiencing any symptoms, please do not attend school. For Gastro, the exclusion is for 48 hours after your symptoms stop! Please wash your hands with soap and water thoroughly and frequently.

FATHER'S DAY

Father's Day is fast approaching, and junior students will be making personalised gift ideas (think "techno" and batteries for the older kids!).

Each junior year level (not composite classes) will have the opportunity to make their unique Father's Day gifts during their art classes.

EACH STUDENT will need to pay \$10.

This can be paid in an envelope with your name and class to Mrs Huff ASAP



SPORTS TOPS

The following sports tops are available to purchase from the front office. Brand new - \$40 each.

Albacutya

Size 14 x 1

Size 12 x 2

Size XL x 1

If you would like to order a Sports Top, please contact the office by Wednesday 23rd August.

OCTOBER SHOW

The Parents & Friends Committee are seeking volunteers to help make and serve food for the Rainbow Show Luncheon on Tuesday 17th October. This is one of our biggest fundraisers for the year and there is a lot of work that goes into running this event.

If we don't have enough volunteers by the end of the term, Friday 15th September, we will need to withdraw from catering the show luncheon.

All help would be greatly appreciated. If you are able to spare some time you can answer on the 'Parent Helpers 2023' Group Chat in messenger

or please contact

President

Choni 0429 178 959

Secretary

Roschelle 0417 087 911

Treasurer

Rebeckah 0478 190 636



MONDAY

Canteen open

Bakery

Hot Dogs

Dim Sims

Heated up lunches
(junior school)



CANTEEN

WEDNESDAY

Hot Dogs

Dim Sims

Heated up lunches
(junior school)



FRIDAY

Canteen Open

Bakery

Hot Dogs

Dim Sims

Heated up lunches
(junior school)



Hot Dogs \$3

Dim Sims \$1.50

Tomato, BBQ and Soy sauce available.

Early Help
Family
Services

We are here to help.



Early Help provides short term support to parents and other important adults in children's lives that can strengthen their capacity to provide safe and nurturing environments.

Are you experiencing overwhelming changes, stress or isolation?

If so, we are here to help.

Early Help practitioners can provide support in many areas:

- Improve quality of parent child interactions.
- Increase parental/carer confidence to respond positively to parenting challenges.
- Increased awareness by parents/carer self-care and wellbeing.

- Improved participation of children in MCHN, kindergarten, and school
- Increased social connection of parents/carers and children.
- Assisting referrals into paediatric, speech therapy, OT & counselling services.

Early Help practitioners are a great support to have someone to work with your family and assist with any early concerns you and your family may have, so you don't have to do it on your own.

Get in touch

T 03 5362 4000

E earlyhelp@vt.uniting.org

Uniting

Uniting Early Help will be attending Rainbow P12 College on the following dates, please get in touch if you would like to speak to the visiting practitioner or alternatively call Esther to book an appointment on 0448 562 184.

Tuesday 29th August

Tuesday 12th September

Tuesday 26th September – School Holidays so won't be attending.

Tuesday 10th October

Tuesday 24th October



CHILDREN'S
BOOK WEEK®

#CBCA2023

19 to 25 AUGUST

READ
GROW
Inspire



BOOK WEEK PARADE

WHEN: Monday 21st August,
2023

THEME: Read, Grow, Inspire

Students are encouraged to dress up as their favourite book character for the day and participate in the book parade.

Parents are welcome to come along. The parade will go from 10:15am until recess in the Quadrangle!

Slice Recipes

Mrs Cashill shared some delicious slices during the week - Thank you to her mum, Lynette Teasdale for these recipes

Jelly Slice

125g melted butter
175g crushed biscuits (take 10 out of a 250g packet)
Mix together and press into the base of a greased & lined slice container. Chill.

1 tin condensed milk
¾ cup boiling water
2 teas gelatine
4 tab lemon juice
Dissolve gelatine in water. Add juice & milk. Pour over base. Chill.

1 pkt red jelly
1 ½ cups boiling water
Make up jelly. Leave to cool slightly. Pour gently over back of spoon. Chill.

Apple Sour Cream Slice

1 pkt vanilla cake mix (or 1 cup plain flour & 1 cup icing sugar)
1 cup coconut
125g melted butter

Mix together. Press into slice tin (I line the bottom & two sides with baking paper so I can lift it out when cold). Bake in moderate oven (about 160) 10-15 min.

300ml sour cream
400g tin pie apple
1 tab caster sugar
1 egg.

Mix together & spread on base. Sprinkle with cinnamon. Bake a further 10-15 minutes. Cool in tin, then slice.

Easy Caramel Slice

250g butter, chopped
4 tab golden syrup
1 tin condensed milk
4 tab brown sugar

Combine all ingredients in a bowl and melt in microwave for 5 minutes, stirring well every minute.

Add 2 packets of crushed marie biscuits and pour into the caramel mixture. Mix well and pour into slice container. I line with cooking spray and baking paper so it is easy to remove and slice.

Icing:

125g melted capha
4 tab icing sugar
3 tab drinking chocolate
1 tab cocoa

Mix well and pour over base. I like to bang it against the table to ensure it is smooth.

INTER-GEN LUNCH



Jayde setting up for the lunch



Active and Retired ladies eating desserts



Maggie and Annika cooking up lunch



Oscar and Giaan preparing a meal



Annika, Caleb and Oscar chatting away



Lily giving Zach some clear cooking instructions.