



Zest



Social  
Intelligence



Self-Control



Curiosity



Optimism



Gratitude



Grit

## Leadership Report / Weekly Roundup

On Wednesday Mr Cook cooked his now legendary Yr 12 breakfast to celebrate the efforts of the Year 12 students before some of them ventured into that joyous exam period. This was then followed up with a scrumptious morning tea which allowed for an ever gentle roasting of the students. Lachie gave an inspiring and heartfelt speech. Food was always a unifying force with this bunch. We wish them all the best for the exams and their future endeavours. Below are some action photos that really do reflect the character and personality of 4 of our 6 Yr 12 students of 2022.



*Good luck!*



Thanks to Sarah, Ash, Gracie, Phoenix, Paddy & Lachie for handling the challenges and adventures of the last couple of years in your own unique style.

(PS : Still waiting for the profiles folks!!)

### REMINDER

Can all parents/caregivers/visitors to the school please remember that there is an expectation that you treat all staff with respect at all times.

## Calendar

### Term 4

#### October

**Mon 24th-**

**Wed 26th**

**Mon 31st**

#### Week 4

Grand Military Tour -

6/7/8/9 Elective

Halloween Dress Up Day

#### November

**Thu 3rd**

#### Week 5

Yr 6 Graduation Dinner

**Wed 9th-**

**Fri 11th**

#### Week 6

5/6 Cluster Camp -

Ballarat (info to come)

3/4 Camp -

Billabong Ranch

**Fri 11th**

P/1/2 Day Trip -

Horsham

#### Week 7

**Fri 18th**

Yr 12 Graduation Dinner



## Upcoming Meetings

**School Council - Monday**

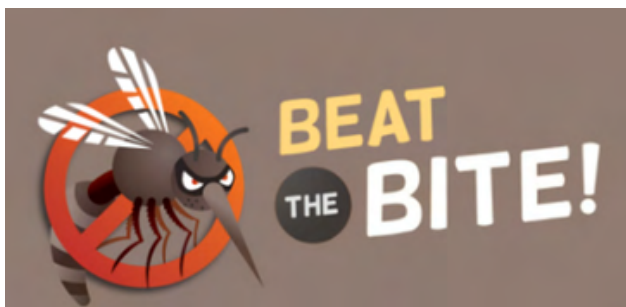
14th November

**Parents and Friends - 25th October**

@ 2pm - Webex 26502576368

## BUILDING WORKS – UPDATE #28 2022

Nothing new on this front at the moment...hoping for something VERY soon!



## HEALTH UPDATE ...

This week we have received information from the Department providing advice on how to manage the influx of mosquitos that are causing grief at the moment. The campaign is called “Beat the Bite”.(I am sure I saw one the size of a small Shetland Pony the other day!) Please see the article in this newsletter for more details.

COVID is still lurking out in the community. Please be vigilant with ventilation and hand hygiene. The school still has a very healthy supply of masks and RAT tests that are available at any time.



## EXAM TIMETABLE

Wed, 26 October 2022	English	9.00am-12.15pm
Thur, 27 October 2022	VisComm	9.00am-10.45am
Fri, 28 October 2022	Biology	9.00am-11.45am
	Further Maths 1	2.00pm-3.45pm
Mon, 31 October 2022	Psychology	9.00am-11.45am
	Further Maths 2	2.00pm-3.45pm
Wed, 2 November 2022	Maths Methods	9.00am-10.15am
	Business Management	3.00pm-5.15pm
Thur, 3 November 2022	Ag & Hort	9.00am-10.45am
	Maths Methods	11.45am-2.00pm
	H&HD	3.00pm-5.15pm
Fri, 4 November 2022	Economics	11.45am-2.00pm
Mon, 7 November 2022	Physical Education	11.45am-2.00pm
Tue, 8 November 2022	Chemistry	9.00am-11.45am
Thur, 10 November 2022	Enviro Science	3.00pm-5.15pm
Tue, 15 November 2022	Global Politics	11.45am-2.00pm

*Good Luck*



## REMINDER MEDICAL FORMS

Families with children that have allergies or asthma were recently sent home forms to be updated. **Please return these ASAP.**

## FRIDAY CLUB

The Lutheran Church will be running Friday Club again straight after school every Friday. Meet Karen Koning outside of school in Albert Street.

## STUDENT VOICE, AGENCY AND LEADERSHIP

### UPCOMING EVENTS

**JUNIOR SRC MEETING: TBC**

**SENIOR SRC MEETING: 24th Oct**

**STUDENT FORUM: 25th Oct**



For Halloween this year, there will be a casual/Halloween dress up day on the 31st of October. There's a gold coin donation to help fund improvements for the cricket and basketball/netball area.



Junior School Council will be selling icy poles for 50 cents on Wednesdays throughout term 4.

### BUS NOTES

The Skoolbag app has now been phased out completely. For all future bus changes, please call the office and advise.

### WANTED: Bus Drivers!!

The College is collating a list of people who have their bus licences. If you are a parent or friend that has the appropriate licence please contact the college as we are in need of a bus driver from time to time. Licence required is at least a Light Rigid vehicle licence, a Taxi Licence and a Working With Children Check.

### CANTEEN

The canteen is continuing to operate on Monday's & Friday's. Please see the updated Price List at the back of this newsletter.

Junior School - Meals from home that need to be heated still need to come in a foil tray. Contact the office if you'd like to purchase trays. Please make sure any meals from home are **not frozen**.

### NINJA WARRIOR COURSE - INCLUSION

There will be a whole school P-12 Incursion on Tuesday 1st November, run by a group called ProActivity.

This is a physical activity, health and wellbeing provider and they are coming to Rainbow P-12 College to run a ninja warrior course.

Check out their website below to see what they're all about and to suss out their ninja warrior course they're going to bring to Rainbow.

<https://www.proactivity.com.au/sports-parties/ninja-warrior-parties>

It will be a free casual day and students are asked to wear appropriate physical activity attire for the day.

Session Times:

Period 1 - Set Up - 9:00am - 9:50am

Period 2 - Grade P/3- 9:50am - 10:40am

Recess - 10:40am - 11:00am

Period 3 - Grade 4/5 - 11:00am - 11:50am

Period 4 - Grade 6/7/8 - 11:50am - 12:40pm

Lunch - 12:40pm - 1:20pm

Period 5 - Grade 9/10 - 1:20pm - 2:10pm

Period 6 - Grade 11/12 - 2:10pm - 2:30pm





# Student Achievements

## Reading Certificates



125

**Pippa**



150

**Jasper**



**Clancy & Tyler**



*congratulations!*



175

**Elsie**



200

**Jacob**



Congratulations **Nate** on your spelling achievements - Blue, Orange & Green words!



Congratulations **Tanner** for mastering the spelling of the Indigo words, and congratulations to **Elodie** for learning all your Indigo words!





# Student Achievements

## Music Exams



Congratulations to Taylor, Annika, Giaan, Amaya and Edison on the successful completion of your piano exams.

## MARC Van Book Cover Awards



Congratulations to Giaan, Elsie, Elodie, Harry, Inara and Emmi-lee on winning the MARC Van Book Cover awards.

## Amazing Artistic Adventures



In Part 2 of the AAA class, Gayle revisited some of the techniques from last week and incorporated working with light and shade. The students (and teacher!) produced these amazing charcoal drawings. They all should be very proud of their efforts.







## MOZZIE ALERT



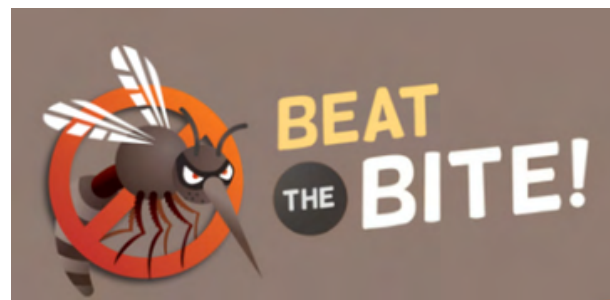
With the recent floods in many areas across Victoria, the risk of mosquito breeding is high. By following a few simple steps you can reduce your risk of being bitten and getting sick:

- Cover up – wear long, loose-fitting clothing. Mozzies can bite through tight clothing.
- Use repellents that contain picaridin or DEET on all exposed skin.
- Use mosquito nets or insect screens.
- Use 'knockdown' fly spray, mosquito coils or plug-in repellent where you gather to sit or eat.
- Limit activity outdoors and move indoors if possible.

Mozzie repellents are your best defence against mosquito bites. Learn more about how to protect yourself and your family at

[www.betterhealth.vic.gov.au/campaigns/beat-the-bite](http://www.betterhealth.vic.gov.au/campaigns/beat-the-bite)

#BeattheBite



## Secondhand Uniform

We have had some secondhand uniforms donated to school. See last weeks newsletter for the list of what is available. If you would like to access any of these items for your child, please contact Tammy at the front office. Collection will be available Monday 24th to Wednesday 26th October.

## SHEARING SCHOOL

Marty and Flynn both participated in Shearing School this week, which was held at Hopetoun and was organised by the students at the Hopetoun P-12 College. Being able to shear is an essential skill when you're involved in sheep farming, and its great that these students could attend a local program.



# School Wide Positive Behaviour Support (SWPBS)

Just a reminder: we would love to hear some feedback from parents in regards to our Expected Behaviours Matrix below. Please call 0353951063 or email [ella.wisby@education.vic.gov.au](mailto:ella.wisby@education.vic.gov.au) Please see last weeks newsletter for a detailed rundown of the SWPBS program.

Our Expected Behaviours			
	We Work Hard	We are Kind	We are Resilient
<b>Always, In All Areas</b>	<b>I Will...</b> <ul style="list-style-type: none"> <li>• Try my best in everything I do</li> <li>• Participate</li> <li>• Always wear correct uniform with pride</li> <li>• Take responsibility for my actions</li> <li>• Set goals and work to achieve them</li> <li>• Clean up after myself</li> </ul>	<b>I Will...</b> <ul style="list-style-type: none"> <li>• Use manners and speak respectfully to everyone</li> <li>• Listen to, support and encourage others</li> <li>• Follow directions of all staff</li> <li>• Keep my hands, feet and objects to myself</li> <li>• Be kind to myself and others</li> </ul>	<b>I Will...</b> <ul style="list-style-type: none"> <li>• Be an upstander</li> <li>• Accept when routines change</li> <li>• Focus on what I can control</li> </ul>
<b>In the Classroom</b>	<b>I Will...</b> <ul style="list-style-type: none"> <li>• Always bring correct equipment to class</li> <li>• Arrive on time, ready to learn</li> <li>• Ask for help</li> <li>• Always try to complete my work to the best of my ability</li> <li>• Build my stamina</li> </ul>	<b>I Will...</b> <ul style="list-style-type: none"> <li>• Respect my classmates and allow them to learn</li> <li>• Encourage others</li> <li>• Be patient and calm</li> </ul>	<ul style="list-style-type: none"> <li>• Use a growth mindset</li> <li>• Keep a sense of humour</li> <li>• Identify and manage my emotions</li> <li>• Be a problem solver</li> <li>• Try to build and look after friendships</li> <li>• Be patient</li> <li>• Embrace mistakes and try to learn from them</li> </ul>
<b>In the Yard</b>	<b>I Will...</b> <ul style="list-style-type: none"> <li>• Complete my yard duty and canteen duty</li> <li>• Wear my hat in terms 1 and 4</li> </ul>	<b>I Will...</b> <ul style="list-style-type: none"> <li>• Include others in games and activities</li> <li>• Accept and follow the rules</li> <li>• Put rubbish in the bin</li> </ul>	



2022 Canteen Lunches Bakery Price List

Monday & Fridays only

<u>Pies</u>		<u>Mini Pizza</u>	
Plain	\$4.70	Hawaiian	\$3.00
Curry	\$4.80	BBQ Chicken	\$3.00
Pizza Top	\$4.80	Supreme	\$3.00
Potato Top	\$4.80		
Steak & Bacon	\$4.80		
Steak & Onion	\$4.80	<u>Desserts</u>	
Steak & Mushroom	\$5.20	Pink Biscuit	\$2.40
Ned Kelly	\$4.80	Large Donut - pink	\$3.40
Chicken	\$5.20	Large Donut - brown	\$3.40
Bushman	\$5.20	Hedgehog	\$3.00
Pastie	\$4.70	Eclair	\$3.60
Party Pie	\$1.70	Matchstick	\$3.60
Party Pastie	\$1.70	Jam Tart	\$2.20
Sausage Roll	\$3.70	Lemon Tart	\$2.20
Sauce	\$0.20		
<u>Salad Rolls or Sandwiches</u>		<u>Milkshakes</u>	
Salad (no meat)	\$6.00	Blue Heaven	\$3.00
Ham and salad	\$6.00	Caramel	\$3.00
Silverside and salad	\$6.00	Chocolate	\$3.00
Chicken and salad	\$6.50	Strawberry	\$3.00
Ham or silverside only	\$4.80	Vanilla	\$3.00
Chicken only	\$5.00		
<u>Wraps</u>			
Chicken cheese lettuce & mayo	\$6.00		
Ham cheese tomato & mayo	\$6.00		

Junior students lunch orders on white bags and senior students brown bags.

Milkshakes for junior students are available on Monday and Friday and must be ordered with the morning lunch orders.

Please use a white bag and send \$3.00 to pay for the milkshake.



# SPECIAL REPORT

Teenage gatherings provide young people with important opportunities to interact and build on their social skills and experiences. Celebrations, partying and socialising are a fundamental rite of passage and one of the most important aspects of a young person's life. However, it is possible for the best young person to get carried away with their peers and the euphoria of the moment.

For parents and caregivers, keeping your young person safe can at times feel daunting and is often a compromise and a challenge. Most teenagers try to do the right thing most of the time, but your leadership as a role model is crucial. Your child may appear to be physically large and mature, but this is not necessarily matched by their emotional maturity and responsibility in behaviour.

Every party has the potential to get out-of-hand as sometimes it's hard for young partygoers to make good decisions. Communication and regular discussions are vital, particularly because young people are often faced with peer pressure to do things they prefer not to engage in. Hosting a celebration at home or at a venue can be a fun and memorable event but it is important to agree on the ground rules well before your event is announced to ensure there are no misunderstandings later on.

If hosting an event, you owe your guests a 'duty-of-care' and should ensure all reasonable steps are taken to keep partygoers safe. This Special Report provides caregivers with list of things to consider when planning a celebration. We hope you take a moment to reflect on the information offered, and as always, we welcome your feedback. If this raises any concerns for you, a loved one or the wellbeing of your child, please seek medical or professional help.

Here is the link to your special report  
[https://rainbowp12.vic.schooltv.me/wellbeing\\_news/special-report-guide-safe-partying](https://rainbowp12.vic.schooltv.me/wellbeing_news/special-report-guide-safe-partying)