



Zest



Social
Intelligence



Self-Control



Curiosity



Optimism



Gratitude



Grit

Leadership Report / Weekly Roundup

NEXT FRIDAY - STUDENT FREE DAY - PROFESSIONAL DEVELOPMENT DAY FRIDAY 10th JUNE

PUT THIS ON
YOUR
CALENDAR!

VCAL CAFÉ

Our VCAL students had a practice run this week in preparation for their first café attempt.

Next Tuesday 7th June senior students (7-12) and staff will be offered the opportunity to buy lunch from the café.

For \$15 they will receive:

- 2 slices of pizza from a wide selection
- A plate of Danish pancakes
- A choice of a hot drink (coffee, hot chocolate) or a cold drink
- A milkshake creation



All orders need to be in by Monday 1:30pm.

This is a great way for the VCAL students to put their Job camp skills to use and learn a number of valuable skills in cooking, customer service and safe food handling...just to name a few!

CONGRATULATIONS HONEYROSE

What a great effort from Honeyrose to represent the College at the GWR Cross Country in Warrnambool. This effort was even more extraordinary considering that she was a tad sick and that she slipped on the first turn. There was a lot of Grit on display! Well done.



PROMOTING OUR SCHOOL

It is often very interesting to see how the students perceive the school. The grade 6 students were given a task to advertise and promote something of their choice. Amaya Eckermann decided to promote Rainbow P-12 College. Check out her efforts in this newsletter.

Calendar

Term 2

Week 7

Mon 6th School Production
Tue 7th "The Mason Files"

Tue 7th- Attitudes to School
Thu 9th Student Survey

Wed 8th Kinder Transition

Fri 10th Student Free (Staff PD)

Week 8

Mon 13th Queen's B'day public hol.

Wed 15th Flying Bookworm Kinder visit

Week 9

Tue 21st Careers Expo

Fri 24th Jump Rope for Heart
End of Term (2.30 finish)

Term 3

July

Week 1

Mon 11th First day of Term

Weeks 2-5

Lots of learning and fun in the classroom, no scheduled activities at the moment!

Week 6

Fri 19th SM Cluster Performance



Upcoming Meetings

School Council - Wed 15th June

Parents and Friends

June - Date TBC

August 3rd - 7.30pm, Webex available

SCHOOLTV

This week there is a special report on resilience which is worth checking out. See the write up in this newsletter for more details.



CANTEEN UPDATE

After Monday 6th June, we will only be doing lunch orders on Mondays and Fridays (no canteen) at this stage.

Unfortunately we have limited interest from parents/carers to support the canteen at the moment. **This means that junior students will have to bring lunches that do not need to be heated up from Tuesday 7th until further notice.**

We are still researching the best option regarding an Expression of Interest for a paid position for someone to run the canteen for at least Mondays, Wednesdays and Fridays.

Thank you to those volunteers who have done a canteen shift this term. If you are willing to do a second shift this term, please contact the school.



BUILDING WORKS - UPDATE #13 2022

Other than the soil tests on Tuesday no real action regarding the building works this week.



COVID UPDATE

The Department only requires students and staff showing symptoms to take RAT tests at the moment.

The school will still be providing RAT tests to families on a on-demand basis for the rest of this term.



Please continue to social distance and use masks if you need. This is a team effort where working together will ensure the best possible protection against the disease.

Close contacts of positive cases no longer need to isolate at home BUT must wear masks at school and RAT test 5 out of the next 7 days.

Student Achievements

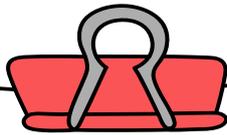
This week's achievements:

Right: Hayden has achieved all of his coloured words -what a great achievement!

Middle: Sadie has reached 200 sight words in MULTILit

Right: James and Elodie with their coloured words certificates





Student Voice, Agency and Leadership (SVAL)

UPCOMING EVENTS

JUNIOR SRC MEETING: Thu 9th June

SENIOR SRC MEETING: TBC

STUDENT FORUM: Tue 14th June

FUNDRAISING: Stay tuned!

Today the SRC held a Pyjama Day and Movie Night for all students.

It was great to see everyone rugged up and comfortable with this Antarctic blast we seem to have been having!

The money raised from the junior school students will go towards their playground fundraising, and the senior money will help pay for our second Man Cave and Flourish Girl visits later this year.



"Handle With Care"

We would like to be able to offer additional support to your child if they are coming to school after a difficult night, morning or weekend. There is no need to share details if you don't want to, but you can send a message "Handle With Care" or "X is a bit fragile today" on Class Dojo or to the school and this will let us know that your child may need extra time, patience or help during the day.

We aim to have all of our students feel safe and valued while they are in our care.

Canteen Roster

June

Mon 6th J.Fuller/T. Gould

Wed 8th NO CANTEEN

Frid 10th Student Free Day

Mon 13th Public Holiday

Wed 15th

Fri 17th

Mon 20th

Wed 22nd

Fri 24th



While the canteen is closed, bakery lunches can still be ordered on Monday and Friday.

If you have not yet put your name down for the canteen roster, please do so ASAP

Times for canteen duty are:

Monday & Friday 11.30am - First named on roster to pick up orders from the bakery, and the second to collect key and money from the office.

Wednesdays 12 noon - Pick up key and money from the office.

People on duty are to toast sandwiches and heat up lunches for junior students, ready to be picked up at 12.30. these will be located in the fridge, and are to go in the red esky when heated.

If you can't work, please make a swap or contact an emergency worker. \$20 to be paid to the emergency worker.

Emergency worker contacts details -

Tammy Bigham 0427820684

Talk Time

The Talk Time topic for weeks 6 and 7 is

Somewhere you'd like to travel and why?



Junior Golf

Wimmera District Golf is starting up their Junior Program again with the first session at Nhill Golf Club on **Sunday 19th June**.

The day will cater for all levels from beginner to advanced with coaching conducted by PGA professionals. Coaching sessions will be held from 10:00 - 11:30 rotating around various activities then a break followed by holes on the course from around 12:00 - 2:30. All equipment can be provided, participants will need to bring lunch, snacks and a drink bottle.

Please register with the link below (you might need to cut and paste) to allow organising for coaches and helpers. There is no charge for the day the Wimmera District would like to acknowledge the Victorian Golf Foundation for the funding they have received to help implement a District junior program.

<https://www.golf.org.au/mygolf/home/>
<https://www.golf.org.au/member/mygolf/register-child?programId=22703>

For further enquiries please phone
Tony Collier
0408 519628



Jump Rope for Heart

Once again the junior school will be participating in Jump Rope for Heart.

We will be holding our school Jump Off Day on Friday 24th June (Last Day of Term 2). This will mark the end of the program and is a chance for the students to come together to skip and show off their newly learned skills.

If you decide that your child is going to raise money it is important you register your child online, so they can receive the full benefits of the program and participate in online fundraising - simply follow the link below to get started. www.jumprope.org.au/parents You can share their online fundraising page with family and friends to help raise money for this great cause.

Grade 6 - Jump Rope Coordinators



Avocadoes

Our Avocadoes groups meet each Thursday morning to learn about our school character strengths, to create connections between our different age groups and, most of all, to have fun together!



What's been going on around our school?

CFA Visit

Last Thursday the local CFA members showed us the features of the urban and rural fire trucks, and Jenny McGennicken spoke to us about the causes of house fires and how we can prevent them from happening.

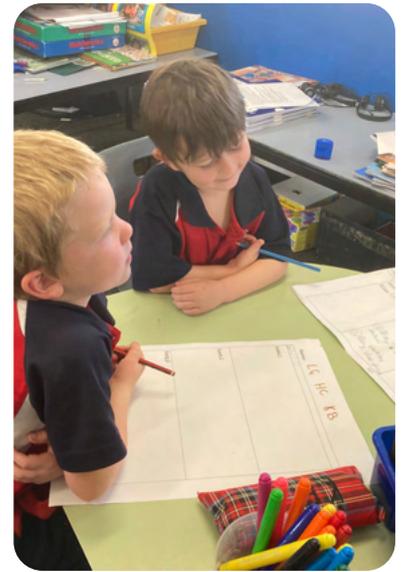


What's been going on around our school?

Narrative Writing



Nate, Phoenix, Murphy and Evie working hard together



Hayden and Lewis

Students in Prep-Grade 3 worked in groups to prepare a narrative piece to present orally, before they wrote a group narrative to share with the class.



Hendrix, Koby and Elodie

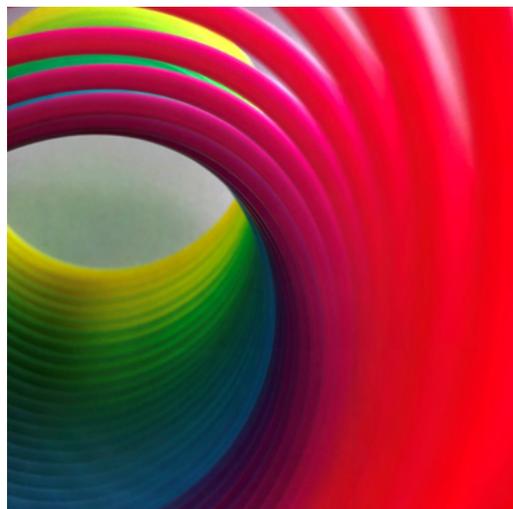


Sophia, Emma, Jurie and Sadie

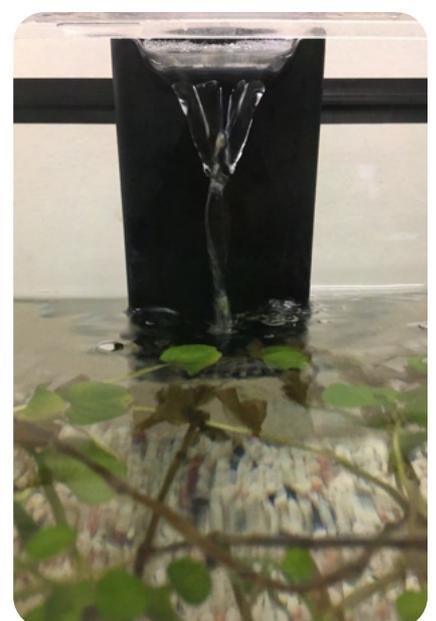
Photography



Leading Lines by Chantelle



Colour and Light by Eliza



Water Study by Caleb

Rainbow P-12 College

Are you currently looking for the perfect place to send your child? Well now's your lucky day. Rainbow P-12 is the perfect place for your kids to learn and play.

Firstly, send your child here because the teachers care about the students.

The teachers here take the time to listen to the kids' point of view and ask students how they can make their learning even better. If someone is upset or angry the teachers listen to what happened and then think about how they can help.

Secondly, send your child here because this school is a fun, healthy, and safe environment. Your child would never be bored, as the playground is great, and we have the space and equipment for almost every sport your child likes.

Not only is play fun but learning too because of the amazing activities and subjects we have.

Lastly send your child here because of the great learning opportunities that we have at Rainbow P-12. At Rainbow, all the staff know what they are doing and are well trained. Kids here are always learning new things and if your child is struggling our staff will give them the extra help they need.

You must send your kids to Rainbow P-12 College because the teachers care about the students, students enjoy it here, and they have great learning opportunities. Rainbow P-12 is a must if you want an excellent education for your child.



By Amaya Eckermann



BUILDING RESILIENCE

Post Pandemic

Unfortunately, the mental health of young people has been significantly impacted by the pandemic. As many families settle back into pre-COVID routines, there seems to be a pervasive sense of optimism about what lies ahead.

Unfortunately children and teens are not immune to what is now being termed the “psychological pandemic”. Young people are at risk of not achieving the primary demands of developmental tasks such as procuring independence, identity formation, as well as obtaining and maintaining peer relationships. What kids need most in the current environment is support, understanding, empathy and encouragement from caring adults. They live up or down to the expectations we set for them.

If there is a panacea to the adversity caused by the pandemic, then it is the building of resilience. Resilience is the capacity to face, overcome, be strengthened and transformed by adversity. Never before, have parents needed the skills, the knowledge and the strategies to build resilience in their children as much as they do now. There are 7 integral and interrelated components that make up being resilient that can help young people thrive and develop healthy coping strategies.

This Special Report explores the “7 C’s of Resilience” and includes suggested strategies on how adult carers can best facilitate them. We hope you take a moment to reflect on the information offered, and as always, we welcome your feedback. If this raises any concerns for you, a loved one or the wellbeing of your child, please seek medical or professional help.

Here is the link to your special report

https://rainbowp12.vic.schooltv.me/wellbeing_news/special-report-building-resilience-post-pandemic

T H E

M A S O N

f i l e s

W R I T T E N B Y

R O B K O N I N G

Monday 6th June

Tuesday 7th June

@ Rainbow P-12 College Hall

Doors open 6.30 for 7pm start.

Tickets \$10 (\$5 primary students)