



Zest



Social Intelligence



Self-Control



Curiosity



Optimism



Gratitude



Grit

Leadership Report / Weekly Roundup

WE MADE IT!

Well done folks! We made it through our first full term of on-site learning for a very long time! It hasn't been easy and there are a lot of very tired little puppies looking forward to the holidays.

A great team effort by all members of our school community.



OUR SPACE

On Wednesday the whole school rolled up their sleeves and spent two periods cleaning, organising and sprucing up the place. The main focus for this session was the re-organisation of the MPB. All were rewarded with a free lunch which included chips, steamed dim sims and donuts!



THANKS

A **BIG THANKS** to all staff for putting in a monumental effort to get through this term. They had everything thrown at them including COVID, working in an environment that endangered their own personal health, understaffing, teaching classes in a variety of formats at the same time...and this is before they even faced the normal day to day challenges of teaching!

BUILDING WORKS - UPDATE #8 2022

This week we had another Webex meeting to discuss the contents of a detailed presentation that will be sent out to staff to gather information and get an in depth idea of what each learning area will be used for.

If anyone would like to find out more about the processes involved or the plans, I am more than willing to sit down and have a discussion. Please contact the College to make an appointment.

Calendar

Term 2

Week 1

Mon 25th ANZAC Day (No School)

Tue 26th **Term 2 begins**

Fri 29th SM Cross Country (P-6)

May

Week 2

Tue 3rd P-12 Cross Country

Thur 5th Little Desert Athletics (7-12)

Week 3

Mon 9th Little Desert Cross Country (7-12)

Tue 10th - Fri 20th NAPLAN (specific dates TBC)

Week 4

Mon 16th - Fri 20th NAPLAN

Week 5

Wed 25th Simultaneous Storytime

Week 6

Mon 30th GWR Cross Country (senior)

June

Wed 1st SM Winter Sports (junior)

Week 7

Mon 6th Production
Tue 7th



Upcoming Meetings

School Council - Mon 9th May

Parents and Friends Club - Tuesday 26th April 10am

Leadership Report and Weekly Roundup continued...

CANTEEN & LUNCHES

Next term we will be reopening the canteen on Monday, Wednesday & Friday. Students can order their lunch on Mondays & Fridays. Wednesdays will only be for counter sales and reheating food.

The canteen will be open to **all** students from Prep -12 (with P-6 students able to order milk shakes). Junior meals will now be heated, reheated or cooked over at the canteen on these days. **This means that on Tuesday and Thursday, junior students will need to bring lunches that need no preparation.** Noodles will **NOT** be allowed for junior students.

COVID UPDATE

It was announced earlier this week that RAT testing would continue for at least the first four weeks of Term 2.



Yesterday we sent home two boxes of RAT tests for each student. It is important that all students test prior to the start of Term 2 (maybe on ANZAC Day). At this stage there seems to be no change to the mask mandate at Years 3-6.

We will also be receiving a number of extra air purifiers to ensure that all classrooms and office areas are effectively ventilated during the winter months.

Thanks to all students, parents and staff who have continued to support the school in our endeavour to provide the safest possible environment.



School TV

Check out the link to the article on Vaping found in this week's newsletter.

Student Voice, Agency and Leadership (SVAL)

UPCOMING MEETINGS

SRC:
JR SRC:
STUDENT FORUM:
3rd May
FUNDRAISING: Do it for Dolly Day - Term 2



The Senior SRC students had a meeting this week where they decided that money raised from the recent catering would go towards the Man Cave and Flourish Girl sessions in Term 3.

The Junior SRC are raising money for more playground equipment.

Both levels of SRC will raise money for the charity "Do It for Dolly" in Term 2.

Rainbow P-12 Cross Country

From Miss Schumann & Mrs Huff

The Southern Mallee Lakes Cluster Cross Country (junior) will be at Jeparit on **Friday April 29th** - 1st week back next term.

Permission notes and information have been sent home.

The Rainbow P-12 Cross Country will be held on **Tuesday 3rd May**, from approx. 9.00am – 11.00am.

More specific details will be sent home on the first day of next term. Please encourage your child to do some training over the holidays.

Students run in the age group that they turn by 31st December, 2022.

Our distances are:

5/6 years – 400 metres

7 years – 700 metres

8 years – 1 km

9/10 years – 2 km

11-15 year boys & girls – 3 km

16-20 year girls – 3 km

16-20 year boys – 5km

MARC Van Book Cover Competition

All schools have started their MARC book cover competition. This competition spans over all 10 MARC schools, and the winner receives a trophy.

Students will be given time in at least two MARC sessions to work on these, but depending on individual students, some may wish to spend more time perfecting theirs. If students are taking their 'book covers' home for the holidays, I would like them back to me by the first MARC visit in term 2.

Rules:

- Covers must have everything on the checklist.
- Students can copy but not trace pictures and writing.
- Covers can be books that are already published or students can make up their own book.
- NO spelling mistakes allowed on the covers.

GOOD LUCK!

Winners will be announced later in the year once judging has been finalised.



RETAIL BAKING APPRENTICESHIP

We are seeking a motivated and enthusiastic person to fill a full time position at our Bakery.

This will involve a 3 year baker/pastrycook qualification.

Award wages will apply. Age range open.

Please send a C.V. detailing education, previous employment and 2 Referees to:

Email: bowbakery@bigpond.com

Or

56 Federal St. Rainbow VIC 3424

For further information please contact the Rainbow Bakery on 03 53951015.

Applications close on 8th April 2022

P&F Club Thanks

The Parents and Friends Club would like to thank every one that helped at the Senior Athletics BBQ and that donated their time and cheesecakes for the ARB Enduro weekend.

Your help was greatly appreciated.

What's been going on around our school?

Cooking

ANZAC biscuits were on the menu in cooking this week



A one-day event held during school holidays for young people in years 6, 7, 8 and 9.

Youth School Holiday Workshops

The Workshops are designed to provide young people who may experience social isolation, anxiety and other stressors, with an afternoon of fun activities whilst also encouraging social interactions, teamwork and improving their sense of wellbeing.

Fun to be had includes:

- Level Up! Gaming – Virtual Reality experience included
- Lego – let your imagination run wild and make something cool
- Make your own design for your custom t-shirt or hoodie using cool Cricuts and accessories
- Sphero robot challenges
- Light snacks and water provided
- Plus some quiet activities.

Date:
Thursday 21st April 2022

Time:
12.00-3.00pm

Venue:
The MECCA
15 Federal St, Rainbow

Cost:
Free

Bookings:
You must register to attend as limited spots are available.

Get in touch:
Email
shwimmera@vt.uniting.org
or call Ari
0481 063 747



What's been going on around our school?

Agriculture Elective - Jeparit Museum Excursion

The Agriculture Elective class took a trip to Jeparit Pioneer Museum this week to have a look at how farm machinery and practices have changed over time.

By the look of these photos the students had a great day out, thanks to Mr Rob and Ms Fulton.



"Old School"



Addison going for a test drive



Lenny, Parker and Evan contemplating tractor developments - plenty of fresh air with these models!!



Addison, Eliza and Maggie discussing the pros and cons of an older style vehicle



A message from the Parents and Friends Club

Dear Parents/Carers/Guardians/Friends,

We are calling for new members to join the Parents and Friends Club. We understand people may not be able to attend every meeting, but we will again trial some evening meetings and incorporate the use of Zoom (for each meeting) for those that cannot be there in person.

Working in cooperation with the Principal and School Council, the objectives and aims of the Parents and Friends Club are to:

- contribute to the wellbeing of the school community
- encourage the participation of all parents and carers in the life of the school and the education of their children
- provide opportunities for parents and carers to get to know each other and to be informed about their child's school
- provide opportunities for parents and carers to extend their understanding of school operations and general education policy
- contribute to proposals on school policy and other educational issues to the School Council
- raise funds for the benefit of the school

This year we will be adapting a new approach to family fundraising contributions, with parent groups being abandoned. We would like all families to contribute to at least 4 fundraising events, either by donation of product or time. We realise life is busy, but every little bit helps towards our children's educational experiences.

At meetings we discuss Mothers'/Fathers' day ideas, sporting events, along with other fundraising opportunities, uniform, proposed funding distribution and any other school related concerns. You can come along to any meeting and be involved in the discussions.

To become a voting member of the Parents and Friends Committee a \$1 fee is required for the year.

If you would like any more information, please feel free to contact:

President - Choni 0429 178 959
Secretary - Roschelle 0417 087 911
Treasurer - Rebeckah 0478 190 636

Or come along to a meeting! Dates advertised in school newsletter.

Our next General Meeting is Tuesday 26th April 10am.



SPECIAL REPORT: Vaping & E-Cigarettes

Vaping is becoming a trendy pastime that is growing in popularity across Australia, especially amongst teenagers. It is the act of inhaling a vapour created by an electronic cigarette, or e-cigarette. Many teenagers are succumbing to peer pressure around this risk-taking activity due to the ease of accessing and hiding vapes. They are often cheaper than conventional cigarettes, making it more cost-effective and attractive to young people.

Although under 18s are not legally allowed to purchase any type of e-cigarette or vaping product in Australia, teenagers are finding ways to access them online. Australia has strict regulations in place for nicotine-containing products, and attempts are being made to regulate vaping and ban the importation of them. Many of the flavoured liquids associated with vaping, contain not only high levels of nicotine, but other potentially harmful additives. Many of these “e-liquids” contain chemicals that are likely to be toxic, that when inhaled or vaped repeatedly, can cause severe damage to the lungs.

Vaping is often marketed as being the “healthy” alternative to smoking. However, doctors strongly advise that if you do not smoke, then you should not start vaping. Most teenagers are unaware of the associated risks and potential impact vaping can have on their development and overall health. Parents are encouraged to discuss the dangers of nicotine addiction and include e-cigarettes in the discussion alongside alcohol and drugs.

This Special Report highlights the facts around vaping and e-cigarettes and what are the potential risks. We hope you take time to reflect on the information offered in this Special Report, and as always, we welcome your feedback.

If you do have any concerns about the wellbeing of your child, please contact the school for further information or seek medical or professional help.

Here is the link to your special report https://rainbowp12.vic.schooltv.me/wellbeing_news/special-report-vaping-au