

Leadership Report / Weekly Roundup

SWIMMING SPORTS

What an ABSOLUTELY FANTASTIC DAY we had last Friday at the swimming sports! A huge congratulations to everyone involved in making the day such an enjoyable event.



Can I make special mention of the superb swimming sports planning team of Miss Schumann, Mrs Gregory and Mrs Huff who put in a huge effort to ensure the day ran as smoothly as it did.

Well done to the House Captains for their excellent organisation, encouragement and support. They were exemplary role models on the day (including our motivational guru in Paddy!!!)

A huge thanks should definitely go to all students and helpers who just got in and had a go.

Thanks to all the family and friends who took the time out to support the kids.

So proud!

BUILDING WORKS UPDATE #1 2022

The main plan and schematic design for each area was shared at School Council on Monday night.

There is now a display (in the junior building) of the main plan and proposed ideas for each learning area for all to view and provide feedback. There will be another display set up in the foyer in the next week.

Attached to this newsletter is a copy of the plan for the building works.

We are hoping to have a school community forum in the next couple of weeks once the Architects and members of the VSBA are allowed to come on site.



Calendar

February

Week 4

Mon 21st - Staff Training - Berry Street

Tue 22nd (Only Year 10, 11 & 12 students with **VCE classes** to attend school)

March

Week 5

Tue 1st Pancake Day

Little Desert Swim (Snr)

Week 6

Mon 7th - VCAL Job Camp (onsite)

Wed 9th

Week 7

Mon 14th Labour Day Public Holiday (No School)

Thu 17th The Man Cave and Flourish Girl (7-12)

Fri 18th GWR Swim (Snr)

Week 8

Fri 25th Photo Day

Week 9

Tue 29th Senior Athletics (7-12)

April

Week 10

Fri 8th Last Day of Term



Leadership Report and Weekly Roundup continued...

COVID UPDATE

Firstly, thank you to all those families who have reported their positive cases to the school, we hope everyone is doing well. Could all families please continue to keep the school advised of any new cases so that we can give appropriate support and continuation of learning.

The measures that were introduced for the first 4 weeks of term will now be in place for the remainder of term one, subject to any changes in health advice.

In summary, there will be a focus on the "3Vs" of ventilation, vaccination and vital COVIDSafe steps. The use of RAT tests as a screening tool will also continue throughout term 1.

QR Codes will no longer be needed in schools from next Monday for parents/carers and visitors to sign in.



AFTER SCHOOL PROGRAM

The planning for our After School Program (ASP) continues. To give families an idea of what the program may include, here are some ideas:

Lego challenges
Board games

Reading
Sports and Activities

Arts & Crafts
Play

Please fill out the Expression of Interest form and send it in by **FRIDAY 25TH FEBRUARY**.

WELLBEING ACTION TEAM

We are looking for interested and enthusiastic parents and carers to join our Wellbeing Action Team. This team includes staff, students and parents/carers who have an interest and passion in regards to student wellbeing issues and programs. The team usually meets once a term. Please contact Mrs Petschel at the College if you are interested in joining our proactive team.

SCHOOL TV

This week we have a report on understanding Adolescence. Please see the log in details later in this newsletter.



Canteen

A reminder that canteen days this term are MONDAY and FRIDAY only.

Orders must be placed at the beginning of the school day. Orders are prepared and delivered from the bakery, there is no canteen on site at this time.

Newsletter - Term 1

Due to the volume of forms, information etc in the newsletter, we are going to send a hard copy of the newsletter home each Friday.

After Term 1, we will ask parents/carers if they wish to continue receiving a hard copy or would prefer an emailed copy.

The Newsletter is also posted on the College Facebook page and on Skoolbag.

Rainbow P-12 Office Hours

There has been a change in the times that the office will be open for 2022.

Monday & Tuesday 8.30am to 3.15pm
(Office staff attend staff meetings on these days)

Wednesday, Thursday & Friday 8.30am to 3.40pm

Medical Forms

If your child has Anaphylaxis, Allergies or Asthma, the school requires an updated medical plan, signed by your doctor. If you require a plan, or have any questions regarding the medical plans, please contact Leonie Clarke in the office on 53951063 and she will be able to help you out.

VCE Physical Education Excursion



Gracie, Tessa and Shanae building their skills and knowledge of how the body moves

On Tuesday 15th February, our VCE Physical Education class of Shanae, Gracie and Tessa, along with Miss Wedding, ventured down to Ballarat to attend a seminar.

As we are a small school and turned up with a tiny class of 3 students, we joined in with another school from Melbourne who had a class size of 30 students. They could not believe or understand how we only had a class of 3!

As part of Unit 3 VCE Physical Education, Shanae, Gracie and Tessa study movement skills, the body and how it produces movement. Federation University in Ballarat held a seminar that ties in with these concepts.

It was eye opening to see sophisticated equipment and facilities that we do not have access to here in Rainbow. These facilities allowed the girls to actively participate in each learning activity based around energy systems, a VO2 Max test, how to test blood lactate, and Biomechanics. These sessions enhanced their learning through cutting edge laboratories, where the lecturers and experts presented theoretical concepts and demonstrated state of the art sports science equipment.

It was a very big day, but it was well worth the drive. What the students learnt from this day can now be applied in the classroom and has improved their level of understanding on some of these tricky concepts.

Student Voice, Agency and Leadership (SVAL)

UPCOMING MEETINGS

SRC:
JR SRC: Fri 25th Feb
STUDENT FORUM:
FUNDRAISING:



A Student Forum was held on Tuesday morning. We will hold these forums regularly to give students the opportunity to express ideas and opinions and to be active participants in shaping their school life.

The Junior and Senior SRC will hold a joint meeting soon to discuss their plans and goals for the year.

Rainbow Trailblazers

Wednesday 23rd February @ 6.30pm,
meeting at the Footy Oval Playground.

KIDS and parents needed to help with specific ideas for the new Pump Track.

These will be sent to the Council for the tick of approval so that works can begin.

This is a great opportunity for our students to get involved with creating new and exciting facilities for their town, so please get along if you can.

What's been going on around our school?

Swimming Sports



House Captains Lewis and Lucy

Winners are Grinners! Congratulations to Albacutya, who worked hard all day and celebrated their first swimming sports win in 11 years!



Nekeisha and Lachie were our joint Stan Gould Trophy winners



Addison, Lewis, Paddy, Lucy, Flynn and Annika



Our age group champions on the day



Tanner (centre) showing Xavier and James the ropes



Millie had a successful day in the pool



Tyler proudly showing off his ribbon

What's been going on around our school?

Electives - Fishing with Mr Cook

The students from Mr Cook's Fishing class were given a fishing rod each, generously donated by BCF in Mildura. We can't wait to hear the stories of their catches, and of course the ones that get away!

Pictured are Zach, Jasper, Archer, Kane, Aiden, Oscar and Jacob



Learning and Having Fun!



Last week Avocado groups worked on practicing 'Self Control'



Elsie and Louis working on their family trees



AFTER SCHOOL ACTIVITIES - EXPRESSION OF INTEREST

I would like my child/children _____

to participate in After School activities on the following days (please circle)

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Parent/carers signature: _____





This month on SchoolTV - Understanding Adolescence

Adolescence is the transitional stage of development that is usually associated with the teenage years. In 2018, the Australian Curriculum Assessment Authority, redefined adolescence as affecting young people aged between 10-24 years. During this time, they experience rapid physical, cognitive and psychosocial growth which affects how teenagers feel, think, make decisions and interact with the world around them.

During adolescence, a child's brain can be considered as being “under-construction”. The rate at which this progresses will vary depending on the individual and also their gender. As a result, some parents may view adolescence as stressful or difficult. However, it does not need to be. Setting boundaries, implementing consistent monitoring and maintaining a strong and loving connection will help families adjust during this time.

It is also an important time to keep the communication lines open through clear and age appropriate conversations. Speak openly about changes that they are experiencing and be conscious of their mental health as many of the conditions people confront in adulthood, can begin to manifest in adolescence.

In this edition of SchoolTV, adult carers can learn how to guide and best support their young person as they transition through adolescence. We hope you take time to reflect on the information offered in this month's edition, and we always welcome your feedback.

If you do have any concerns about the wellbeing of your child, please contact the school for further information or seek medical or professional help.

Here is the link to this month's edition

<https://rainbowp12.vic.schooltv.me/newsletter/understanding-adolescence>



Did you know that your child can self-nominate to try out for selection in one of School Sport Victoria's State Teams in their chosen sport?

This is an opportunity for gifted and talented students to participate in higher levels of sporting competition against students from other Australian States and Territories. Sports that students can nominate to try out for include Australian Football, Baseball, Basketball, Bowls, Cricket, Cross Country, Diving, Soccer, Golf, Hockey, Netball, Rugby, Softball, Swimming, Tennis, Touch Football, Track & Field, Triathlon and Volleyball.

Check out the following link to learn more about the process for nominating your child for their chosen sport:
<https://www.ssv.vic.edu.au/team-vic>

Please note that nominations for some sports close soon!



Anime Club

headspace Horsham

Do you love anime and want to connect with other young people who also love anime?

Are you between the ages of 14 and 18?

Well come along and join headspace Horshams Anime Club

An anime club is a group of young people meeting monthly to discuss, show and promote anime in a local community setting and can also focus on broadening their Japanese/Korean cultural understanding.

An anime club can also engage in other activities such as viewing anime/kpop music videos, karaoke, cosplaying and reading manga.

To register your interest in this group please contact us.
 Phone: 53811543
 Email: info.headspacehorsham@vt.uniting.org



LEARNING RESOURCE CENTRE
 LEARNING BASE
 PRIMARY: RESOURCE INTENSIVE
 PRIMARY: SCHOOL COMMUNITY HUB
 SECONDARY: TECHNOLOGY
 SECONDARY: SCIENCE
 SECONDARY: PERFORMING ARTS, PE, FOOD TECH
 SECONDARY: THE ARTS - FINE ART + MULTIMEDIA

ADMINISTRATION
 STAFF WORK
 STAFF & STUDENT AMENITIES
 CLEANING, MAINTENANCE & STORAGE
 CIRCULATION & ENGINEERING/STORAGE
 COVERED OUTDOOR SPACE
 DENOTES LEARNING SUPPORT SPACES
 NUMBER OF SPACES COUNT

11
 10
 9
 8
 7
 6
 5
 4
 3
 2
 1