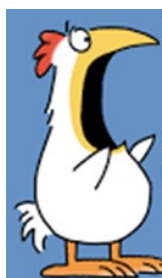


Leadership report - Weekly roundup

Rainbow P-12 College
17 Albert Street
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Rainbow Vic 3424
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E: rainbow.p12@edumail.vic.gov.au



TOMORROW IS THE DAY! - YIPPEE!

All students are coming back on-site tomorrow!

We wave goodbye to the hybrid and hokey-pokey modes of remote learning and welcome back the whole school atmosphere and bustling playgrounds!

A big thanks to the students, parents and staff who worked together as a well oiled machine to make the term 4 transition back to on-site learning as smooth and painless as it could possibly be!

**KEEP
CALM
THEY'RE
COMING
BACK**

OUR YEAR 12s

After another messy year we are once again in awe of how our year 12 students have battled on and showed exceptional resilience in getting through the year. We wish all those students sitting their exams all the best during SWOTvac and the exam period.



MASKS

Just a friendly reminder that students from Grade 3-6 are requested to wear masks **inside only**. All other students Years 7-12 are requested to wear masks inside and outside (when not involved in strenuous activities).



OUR REVIEW

Last Monday (18th October) we completed the Panel day of the Review. This involved reviewing all the information collected from the Validation and Fieldwork days. From those discussions the review panel and leadership team came up with three goals that will be the focus of our Strategic Plan for the next four years.

Thanks to all parents, students and staff who provided valuable information and insights that will shape our future direction.



MELBOURNE CUP PUBLIC HOLIDAY

Due to there being no Rainbow Show this year, Tuesday 2nd November has been gazetted as a public holiday. There will be no school on this day.

Meeting Dates

The next School Council meeting will be held on
Monday 8th November
at 7.30pm

Parents & Friends Wed 27th Oct
10am via Mrs Petschel's Webex
573-792-537

VCE Exams Units 3/4

October

Wed 27th English 9.00am - 12.15pm
Fri 29th Biology 9.00 am - 11.45am
Further Maths Exam 1
2.00pm - 3.45pm

November

Mon 1st Psychology 9.00am - 11.45am
Further Maths Exam 2
2.00pm - 3.45pm
Tue 2nd Melbourne Cup holiday
Wed 3rd Maths Methods Exam 1
9.00am - 10.15am
Business Management
3.00pm - 5.15pm
Thu 4th D & T 9.00am - 10.45am
Maths Methods Exam 2
11.45am - 2.00pm
History 3.00pm - 5.15pm
Fri 5th Specialist Maths Exam 1
9.00am - 10.15am
Outdoor Ed 11.45am - 2.00pm
Accounting 3.00pm - 5.15pm
Mon 8th P.E. 11.45am - 2.00pm
Specialist Maths Exam 2
3.00pm - 5.15pm
Tue 9th Chemistry 9.00am - 11.45am
HHD 2.00pm - 4.15pm

Leadership report - Weekly roundup continued.....

BUILDING WORKS UPDATE...

Hopefully we will be able to give you an update really, really soon!



SCHOOL STARTING TIME

Just a friendly reminder that staff are not on duty until 8:30am. Please ensure that students do not arrive prior to this time.



ABSENCES

If your child/children are going to be absent from school PLEASE use the following methods to inform the College.

Compass, Skoolbag or phone the College on 53951063

ABSENCE



BE ALERT! - COVID - 19

If you or any of your family members have travelled to COVID-19 high risk areas PLEASE be very vigilant for any symptoms and get tested as soon as possible if any symptoms show. If we are concerned about your child's health in regards to potential symptoms while at school we will contact you immediately. We would appreciate families trying to avoid travel to Melbourne and other high risk areas if at all possible at this time.



VISITORS TO THE SCHOOL

If you are visiting the College can you please enter the main office via the Albert Street entrance. On arrival you need to QR code in or sign the form.



Year 12 - 2021



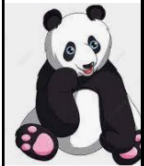
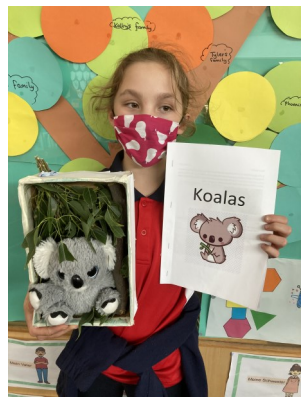
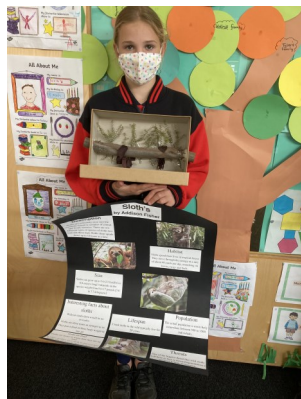
Back row: Yr level teacher Mr Leach, Murphy, Ian, Aidan, Joad, Chelsea,
Front row: Erin, Jess, Bailey, Ericka & Bronte

What's been going on in and around our school?

Grade 5/6 project-

**ENDANGERED
SPECIES**

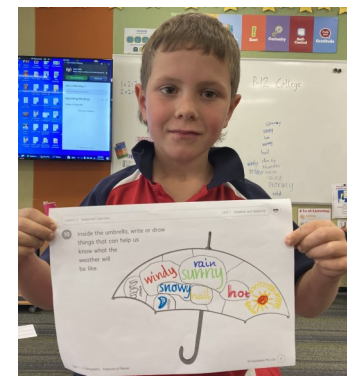
Grade 5/6 students Addison, Amaya and Maggie displaying their projects and dioramas about endangered species



Grade 1/2 Humanities



Learning about the weather



Murphy proudly showing his work

Phoenix, Lane, Emma and Sadie



Grade 3/4
Mathematics
Money



Ava and Inara



William working hard

Changes to Canteen

**Just a friendly reminder that until further notification
the following canteen changes will apply.**

Canteen lunch orders will be supplied by the Bow Bakery on
Monday and Fridays only (No orders on Wednesday)

The canteen will NOT be open for lunchtime sales.

Pies, pasties & sausage rolls will be available as per usual prices

Sauce 40c

(No pizzas)

Salad rolls (no sandwiches)

Ham salad roll \$6.00

Chicken & salad roll \$6.50

Salad roll (no meat) \$6.00

Wraps

Ham, cheese, tomato & mayo \$6.00

Chicken, lettuce, cheese & mayo \$6.00

Sweet treats will only include

Iced donuts \$3.20

Eclairs & Matchsticks \$3.40

Hedgehog \$2.80

VETDSS

Prepares Your Future

VET = RECOMMENDED BY PARTICIPANTS

92% of VET graduates recommended their training to other students.

With such a high percentage of students recommending to each other, it is hard to deny that studying a VET subject works.

Statistics from the National Centre for Vocational Education Research



[HTTPS://WWW.VCAA.VIC.EDU.AU/STUDENTGUIDES/GETVET/PAGES/HOWVETCANPREPAREYOUFORTHEFUTURE.ASPX](https://www.vcaa.vic.edu.au/studentguides/getvet/pages/howvetcanprepareyouforthefuture.aspx)



Due to the pandemic, the world we now live in is a very different place. The hyperconnected nature of our current environment means that we are constantly being reminded of the challenges we face via numerous media and social media channels. Our connectivity to the digital world exposes us to a barrage of messages that can leave us feeling overwhelmed. As a result, many children and their parents are reporting higher levels of stress and anxiety.

Unfortunately, our brains have not evolved fast enough to adapt to this digital landscape. The combination of constant access to information and having little control over the situations presented, can be stressful and overwhelming. It is therefore important for adult carers to check in with their children and be aware of what information they may have been exposed to. It may not necessarily be the information itself that is harmful, but more their inability to process and make sense of it. Providing children with the skills and strategies to cope will enable them to flourish and thrive, socially, emotionally and academically.

The blueprint for parenting, based on our own experiences, is no longer fit for purpose in raising kids as citizens of tomorrow. This can be inherently stressful and overwhelming, not only for parents and carers, but children alike. If left untreated or unmanaged, constant stress and anxiety can lead to a number of behavioural issues or health consequences.

This Special Report suggests a number of strategies to help manage any feelings of overwhelm that you or your child may be experiencing. We hope you take a moment to reflect on the information offered, and as always, we welcome your feedback. If this raises any concerns for you, a loved one or the wellbeing of your child, please seek medical or professional help.

Here is the link to your special report:

https://rainbowp12.vic.schooltv.me/wellbeing_news/special-report-managing-overwhelm

Exam Timetable for Year 10s, 11s & 12s

Week	Day	Block 1 (9:00 - 11:00)	Block 2 (11:30 – 1:30)	Block 3 (1:30 – 3:30)
Week 4	Wednesday 27 th October	English 3-4 (9:00 – 12:15)		
	Thursday 28 th October			
	Friday 29 th October	Biology 3-4 (9:00 – 11:45)		Further 3-4 (Exam 1) (2:00 – 3:45)
Week 5	Monday 1 st November	Psychology 3-4 (9:00 – 11:45)	Study Block (Yr 11)	Further 3-4 (Exam 2) (2:00 – 3:45) Economics 1-2
	Tuesday 2 nd November	Melbourne Cup Public Holiday		
	Wednesday 3 rd November	Methods 3-4 (Exam 1) (9:00 – 10:15) HHD 1-2	Study Block (Yr 11)	BusMan 3-4 (3:00 – 5:15) History 1-2 Biology 1-2
	Thursday 4 th November	D+T 3-4 (9:00 – 10:45) Viscom 1-2	Study Block (Yr 11) Methods 3-4 (Exam 2) (11:45 – 2:00)	History 3-4 (3:00 – 5:15)
	Friday 5 th November	Specialist 3-4 (Exam 1) (9:00 – 10:15) BusMan 1-2	Study Block (Yr11) Outdoor Ed 3-4 (11:45 – 2:00)	Accounting 3-4 (3:00 – 5:15) D+T 1-2
Week 6	Monday 8 th November		PE 3-4 (11:45 – 2:00)	Specialist 3-4 (Exam 2) (3:00 – 5:15)
	Tuesday 9 th November	Chem 3-4 (9:00 – 11:45) English 1-2 Foundation English	Study Block (Yr 11)	HHD 3-4 (2:00 – 4:15) General Maths 1-2 Foundation Maths Methods 1-2