

NEWSLETTER

Rainbow P-12 College is a Child Safe School

Issue 27- 19th August 2021

Leadership report - Weekly roundup

Rainbow P-12 College

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REMOTE LEARNING 7.0



....and just like that we have transitioned to remote learning once again. A big THANKS to all staff, students and their support teams for making this transition seamless. There will always be some hiccups with remote learning but with our excellent teamwork, open communication and optimistic spirit our Rainbow P-12 community will always prevail!

WELLBEING FOCUS

The College prides itself on its wellbeing focus (both in and out of remote learning). Each day during remote learning we are monitoring and communicating with students and parents/ carers to check in and offer support and assistance when required.



QUOKKAS ALWAYS HELP!

Here is a summary of some of our plans for the short term and long term future:

- The Man Cave & Flourish Girl have been provisionally booked in for NOV 9th
- We are in the process of organising a series of headspace mental health sessions via Webex for both students and parents (see attached flyer)
- We have made the first step in implementing The Resilience Project for 2022







BUILDING WORKS UPDATE #3



This week staff discussed what they would like to see in regards to the building works. This feedback was sent on to the architects to help shape their plans. We are still trying to work out the logistics for how to gather student feedback whilst in

remote learning. Next week we welcome Allan Roberts, School Council President to our weekly meetings. These are exciting times!

Calendar

Week 8

Mon 30 & Tue 31 Parent/Teacher

Interviews

<u>Sept</u> Week 9

Tue 7 Student Forum

School review day
Production rehearsal
3.35 - 5pm (if onsite)

Thu 9 RUOK? Day

Fri 10 LD Aths (TBC)

Week 10

Tue 14 Production rehearsal

3.35-5pm (if onsite)

Wed 15-Fri 17 Yr 3/4 Camp

Roses Gap (TBC)

Fri 17 School finishes at 2.30pm

Junior Athletics

The athletics have been postponed until further notice



Book Fair

Once again our Book Fair is unable to be held but it will happen.

Watch this this space

Meetings

School Council - Monday 13th Sept Parents & friends - To be confirmed

Leadership report - Weekly roundup continued....

NAPLAN RESULTS

Next week we will be receiving the school's NAPLAN results. In this newsletter is a general summary of how the State of Victoria has performed.



PARENT SURVEY

We are up to 42% (26/62) completion rate. WOOHOO!

It would be absolutely marvellous if we could sneak past 50% this week as we make a surge in the last week to our 100% target!



If you have misplaced the letter and pin number please just contact the school office and they will provide you with the information. **The survey closes on the 3rd September**. As we will be working on our plans for the next 4 years in our Strategic Plan this is a great time to have your say!

ON SITE SUPERVISION

Students in the following categories are eligible for on-site supervision and care at all Victorian schools:

Children where both parents and or carers are considered <u>authorised workers</u> who cannot work from home, work for an authorised provider and where no other supervision arrangements can be made:

- Where there are two parents/carers, both must be authorised workers, working outside the home in order for their children to be eligible for on-site provision at school.
- For single parents/ carers, the authorised worker must be working outside the home in order for their children to be eligible for on-site provision at school.

Children experiencing vulnerability, including:

- in out-of-home care
- deemed vulnerable by a government agency, funded family or family violence service, and assessed as requiring education and care outside the family home
- identified by a school or early childhood service as vulnerable, (including via referral from a government agency, or funded family or family violence service, homeless or youth justice service or mental health or other health service)
- Where a parent/carer indicates that a student with a disability is vulnerable because they cannot learn from home, and/or informs the school the student is vulnerable due to family stress, the school must provide on-site supervision for that student. This may apply to students enrolled in specialist schools and students with a disability enrolled in mainstream schools.

Please contact the school if you or your child/ren fit into either of these categories.

There is important paperwork that needs to be completed prior to the day of supervision.

What's been going on in and around our school?

Special Times and Events at school



Mr Cook celebrating his birthday with staff



Mrs Huff, Mr Cook and Miss Wedding celebrating their birthdays in August



Mr Cook and Mrs Gregory celebrating their birthdays with delicious cakes



Grade 1/2 were one of many classes to sing "Happy Birthday" to Mr Cook on his special day

Crazy Hair Day- Teachers included!!





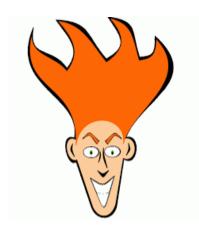
Mrs Gregory and Miss Newton showing off their lovely locks on "Crazy Hair Day"

What's been going on in and around our school?

Crazy Hair Day



William, Emma, Jurie, Adalyn and Annika showing off their crazy hair!



Giaan, Addison and Amaya's crazy hair.



Caleb and Riley



Hugo and Odin with their very crazy hair!!!



Adalyn and Inara with their crazy hair!!



Clancy and Hugo



Maggie and Addison looking good!



Is this crazy hair or just normal Mr Glover?
You be the judge of that!!



Emma trying to avoid the camera!!



Sarah setting the scene with her crazy hairstyle!!



What's been going on in and around our school?

Pancake making - Remote Learning with Miss Newton



Annika in the kitchen



Ruby's pancake looks tasty



Hayden and Adalyn sampling their yummy green pancakes!!



Eliza showing her cooking skills



Mrs Petschel's pancake



Evie happy with her pancake



Taylor with her pancake



Addison and Pippa proud of their efforts

Highlights from Victorian Preliminary Results in NAPLAN 2021

The incredible resilience and hard work of Victorian educators, students and families has been reflected in the remarkable results for this year's NAPLAN tests.

Leading the nation

Victoria has held top spot as the highestperforming jurisdiction on seven out of ten measures in the primary school years. Our Year 3 and Year 5 numeracy results were the highest in the country.

Year 7 students achieved the highest scores of any jurisdiction for the foundation skills of Reading and Numeracy, and our Year 9 students achieved the highest scores for Spelling.

2021 Victorian rankings relative to other jurisdictions – primary year levels and domains

Mean score	Year 3	Year 5
Reading	1	1
Numeracy	1	1
Writing	2	1
Spelling	2	2
Grammar and Punctuation	1	1

More students achieving their best

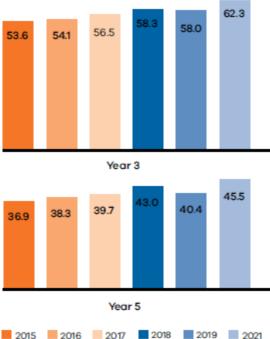
Victoria also improved on our 2019 results. Reading was a particular highlight, with students in years 3, 5 and 7 demonstrating significant improvement.

More than 62 per cent of Year 3 students are now achieving in the top two bands for Reading, representing an increase of almost ten per cent from 2015.

Since 2015, the number of students in the bottom two bands for Reading has decreased by more than eight percentage points for Year 5 students and more than two percentage points for Year 3 students.

In years 3 and 5, over 13,000 more students are achieving at the highest reading levels compared to 2015.

NAPLAN Reading: Proportion of Victorian primary students in the top two bands







Education and Training

Secondary school achievement

Across secondary schools, more students are achieving in the top two bands of Reading compared to 2019 and there are fewer students in the bottom two bands.

Year 7 students improved in Reading, Writing and Spelling compared to 2019 and achieved the highest scores of any state or territory for Reading and Numeracy.

2021 Victorian rankings relative to other jurisdictions – Year 7 level

Mean score	Year 7
Reading	1
Numeracy	- 1

Celebrating Year 9 success

For the first time, almost 19,000 Year 9 students are receiving certificates to recognise their excellence or significant learning growth on their Year 7 NAPLAN results.







mental health education program

Workshops for secondary schools

Schools play an important role in supporting the mental health needs of young people and their families.

Our free mental health education workshops are designed for secondary students and their parents and carers to build mental health awareness, knowledge and skills.

Workshops are interactive, strength-based, evidence-informed and timed to fit a standard school lesson. Workshops are facilitated onsite at schools or online as a webinar, with teachers and school wellbeing staff encouraged to participate in the workshops.

Where possible, workshops include headspace centre staff and local mental health professionals to highlight services and referral pathways to ongoing support available in local communities.

These workshops complement mental health and wellbeing strategies that schools already have in place, including the Be You national initiative for educators.

For more information and to request workshops for your school, please contact MHEP@headspace.org.au

Mental Health Education Program: Workshop Overview

Student Workshops

Let's Talk About It: Mental Health

- Understand mental health and wellbeing
- Strengthen mental fitness (years 7-9) and explore the stress bucket (years 10 – 12)
- Discuss healthy coping strategies to support yourself
- Identify options for seeking support online and in your community

Looking Out for Your Friends: Notice, Ask, Connect

- Notice: how to identify warning signs that a friend might be going through a tough time
- Ask: how to have difficult conversations and ask your friend if they are OK
- Connect: how to help your friend access support
- Strategies for looking after your own mental health and wellbeing

Standing Strong: Bullying and Mental Health

- Identify the ways your body and brain react to stress
- Review bullying's impact on mental health
- Find spaces and activities to help you stand strong
- Explore who you can talk to and seek support

Self-Care: Looking after your mental health

- Understand mental health and the importance of looking after ourselves
- Understand what self-care is and ways to do it
- Build a healthy headspace action plan
- Identify where, when and how to seek additional support

Managing changes: Transition from primary to secondary school

- Understand how transition and change can impact mental health
- How to manage stress from change
- Build resilience and healthy coping skills
- Strengthen connection and belonging

Natural Disasters: Stress, Change and Coping

- Understand mental health and wellbeing
- Understand reactions to natural disasters
- Identify changes and strategies for coping
- Connect with trusted adults, services and information

Parent and carer workshops

These workshops complement the above student workshops

Supporting young people: Notice. Ask. Connect

- Understand mental health and wellbeing in young people
- Notice changes that a young person might be going through a tough time
- Identify strategies to connect and communicate with young people
- Increase knowledge about how to support a young person and where to access professional support

Supporting young people after a Natural Disaster: Stress, Change and Coping

- Understand mental health and wellbeing and the reactions and changes that young people could experience after a natural disaster
- Understand strategies and skills that enhance communication and connection with a young person
- Increase knowledge about where and how to access professional supports



FREE WEBINAR SUPPORTING CHILDREN & FAMILIES DURING LOCKDOWN

Dr Billy Garvey, Paediatrician Royal Children's Hospital
Dr Tom Brunzell, Director of Education Berry Street and
Dr Claire Nogic lead a panel of professionals from ECEC, Education
and Psychology

7.00pm Thursday September 2nd 2021

Support & strategies for parents and kids during this challenging time.

Dr Billy Garvey and Dr Brunzell will discuss the pressures & challenges of lockdown on parents & kids, with a chance to ask questions of a panel of education and health specialists.









