

Principal's Report from Mr. Coffey

Welcome

We wish to extend a friendly Mallee welcome to Lachlan Roberts in Year 8 and his family and we are confident they will enjoy our supportive rural school and the rich opportunities our community provides.

Welcome Back

This term we see some of our staff return from leave, in Mrs. Hutchins and Mrs. Ella Clarke, we also have some of our casual staff continue on with us School Chaplain Debbie Broughton and Miss Gabrielle Clarke who will take over Miss Appledore's junior classes. We will see the temporary departure of Miss Fiona Appledore who commences Family Leave next week.

We currently have our Year 5 and 6 students in Melbourne on camp and most of our Year 9 and 10 students either on Sailing Camp in Geelong or completing Work Experience. Some of our Year 9 students will be in China participating in the VYLC (Victorian Young Leaders in China) program for 6 weeks, leaving on Saturday the 2nd of November and this term will see the celebration of 100 years of state education on the College site.

Back to...

I'd like to take this opportunity to thank the dedicated organising committee for the hard work they have done and are doing to prepare a fantastic social and historic event for past current and future members of our school community.

The weekend of events for the Rainbow District Secondary Education Centenary beginning Friday the 1st of November and continuing on over the weekend is destined to be a memorable and enjoyable occasion. I urge and encourage you to thank them in advance for the work they have done and support the event which will be remembered for many years to come.

Upcoming Meetings...

The next School Council meeting will be held on Monday the 14th of October at 7:30pm in the multi-purpose building.

Calendar 2019 – Term 4

Term 4

OCTOBER

Mon 14 th	Athletes Foot visit @ 11.30am
Mon 14 th	School Council
Tue 15 th	Rainbow Show
Tue 22 nd	Transition day (Yr 7)
Tue 22 nd	Parents & friends meeting
Wed 23 rd	P/1 Kinder visit (Barry Peters)
Wed 23 rd	Last day for Yr 12s & VET
Thu 24 th	VCE SWOT Vac starts
Wed 30 th	VET Induction day

NOVEMBER

Fri 1 st	School Fete
Fri 1 st to 4 th	School Centenary
Wed 6 th	SM Cluster meeting
Mon 11 th	School council
Wed 13 th	Transition day (Yr7)
Fri 29 th	Last day Yr 11s

DECEMBER

Fri 6 th	Last day Yr 10s
Mon 9 th	School Council
Tue 10 th	Transition day (Statewide)
Mon 16 th	Yr 12 Graduation dinner
Tue 17 th	Presentation night
Wed 18 th	Whole school lunch

VCE Units 3/4 Exam Timetable

October

Wed 30 th Oct	English
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November

Fri 1 st	Biology/ Further Maths 1
Mon 4 th	Further Maths 2
	Business Management
Wed 6 th	Maths Methods 1
Thur 7 th	P.E. / Maths Methods 2
Fri 8 th	HHO
Mon 11 th	Ag & Hort
Tue 12 th	Legal Studies
Wed 13 th	Physics
Thur 14 th	Economics
Mon 18 th	Global Politics

Students– Out & About

Mikayla Keller one of our school captains spoke at the public meeting on Tuesday night to discuss the Rainbow reservoir lake development project. She represented the school in an outstanding manner. Below is a copy of her speech. It was also great to see SRC president Jordy Leach and fellow student Mitch Ey in their school uniforms attending the meeting.

I would just like to begin with saying how fantastic I believe this project is, and it is a credit to all involved.

From a student and young person's perspective, turning the Rainbow Lake project into a reality would have a number of benefits. Many students are excited about the possibility of being able to fish so close to home, as are many others in the town. However, I would just like to highlight that this also provides the opportunity for young people of all ages, to learn a new skill and perhaps even adopt a new hobby, but this extends further than just fishing. Having a body of water so easily accessible means that other aquatic activities such as kayaking, canoeing and the like will be more accessible for people of the younger generation, and will extend sporting opportunities from just your average footy, netball and tennis. Although, it has also been mentioned by a number of boys that the Rainbow Lake would also provide opportunity for Sunday recovery after footy games the previous day.

All year-round swimming is another result of this project that believe it or not appeals to a majority of students, but I believe it is the inevitable greater opportunity for socialisation that really appeals to them. I think it goes without saying that people of all generations will benefit from and appreciate having another venue to socialise with friends, family, and other members of the community. As we all say, anything that will get kids off their devices and away from screens is worth it. In particular in the summer school holidays, students will have a place to go to catch up with their friends, have fun and make lasting memories.

Additionally, from a student perspective, school can be quite boring and become repetitive, especially in the later weeks of term and last months of the year. Having the Rainbow Lake accessible for the school community would mean that students would be able to enjoy more activities, breaking up the school year and therefore improving the schooling experience of students.

Another benefit of this project, not only for young people but anyone in the community, that you may or may not have considered, is the positive impact on mental health. In a period of time where we are constantly learning about mental health, its importance and its unfortunate repercussions I believe it is something worth addressing and discussing. Not only will the Rainbow Lake provide a venue for students to go to relax and release the stress and pressures associated with VCE or secondary education in general, extensive research shows the positive impact that 'blue spaces' like this have on wellbeing. In fact, the mere sight and sound of water can induce a flood of neurochemicals that promote wellness, increase blood flow to the brain and heart, and induce relaxation. Speaking from experience as I currently edge closer to undertaking my VCE exams, it is a very stressful period of time and can sometimes get the better of you. Having the ability to distress in an area such as the Rainbow Lake, I believe, would be extensively beneficial. However again, this benefit reaches many more than just VCE students, and students in general, the wider community will also reap this benefit.

If there are any questions, I am more than happy to do my best to answer them, but again I would just like to recognise the extensive hard work many have put into this project. I believe this would be an invaluable asset to our town for the entire community and hope to see further developments made in the near future.

Yr 9/10 Sailing School



Ash, Jas and Haylee take to the water in their boat at the sailing school. A detailed report will be in next week's newsletter

Students of the week - There are no awards this week .

School Hats

Don't forget to bring your hats to wear this term.

This is a requirement of our Sun Smart Policy

If you require a hat they are available to purchase at the office for \$7 each

A week in the life of Rainbow P-12 College

A visual summary of some of the events from this week



Adalyn doing her best zombie impression



Emma in creative mode



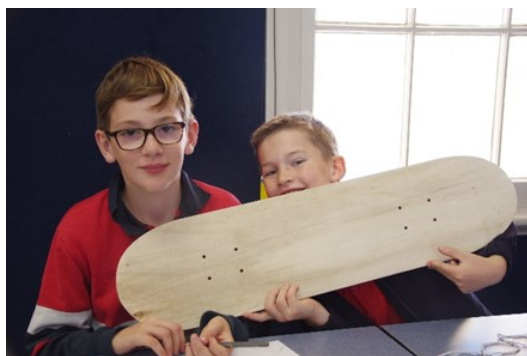
Ericka (on work experience) with Kayla & Koby



Tyler showing us his shaving cream hands



Edi, Hugo & Phoenix very happy with their creation



Archer & Jasper with their skateboard deck ready to paint



A number of students are working on cricket bat creations ready for the auction on Sat 19th Oct @ the Turbo Gallery



Annika, Eliza & Ruby working well as a team



Giaann & Lenny getting some batting practice



Oscar hard at work on his design

P/1 Excursion to Horsham on 19/9/19

On Thursday 19th September, 2 keen teachers, 14 excited students and 2 intrepid parents travelled to Horsham for their long awaited day trip.

The first stop was a toilet break at May Park and fun on the playground.

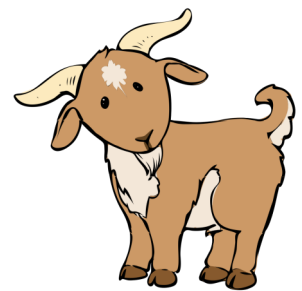
Next we headed out to Sylvania Park Goat Farm. Most of the children had never seen a goat up close, let alone patted one or saw one crutched. "Goaty McGoatface" was very friendly and ate lots of gum leaves, weeds and barley. Adalyn was dressed up in an outfit made totally from mohair and the children got some bits to take home. They then collected eggs, fed the chooks and played with Patch and Cookie – the goat guard dogs. Rowena (host) jumped on our bus for part of our journey down the drive way and pointed out a couple of trees that aboriginals had carved pieces out of.

Our second visit was to Toys Chinese restaurant. Not for prawn crackers, but mini golf. Initial skills were interesting with balls getting lost in the rough, hats flying around like kites and scores higher than the number of minutes in the day. Overall the course was fun, yet challenging.

Lunch was eaten at the playground near the Botanical Gardens before we headed to the much anticipated Aquatic Centre. The students loved their time in the pool. After a much needed ice-cream on a rather warm day, a quiet trip was had back to Rainbow.

A massive thank you to Krissy Weir for driving our bus, Leroy for accompanying us on one of his last days before the family moves to Robe and Chelsea Clugston & Jess Staples for helping look after the children.

Goats on display at Sylvania Park, Mini Golf, Swimming and lunch in the park. A very busy day with lots of interesting things to see and do.





Watch this space for the date of our
Rainbow P-12 College
Walk to School Day

Walk to School Major Prize Competition opens Friday 11 October 2019 Win big with Walk to School 2019!

During the Walk to School program, VicHealth is running two competitions; the major competition is for schools to share how they have brought Walk to School to their community with an awesome footy clinic with an AFL or AFLW player up for grabs. There's also a Facebook competition on the Walk to School Facebook page families can enter to win an AFL prize pack including a personalised message from an AFL or AFLW player.

Major Prizes for Victorian schools taking part in Walk to School 2019

Would you like an AFL or AFLW player to run a footy clinic at your school? If your school is taking part in Walk to School 2019, you could win an awesome footy clinic thanks to our community partner, the AFL Players' Association. We want to hear how schools have brought Walk to School to life in their community. Whether it's hosting an all-school walk, a healthy breakfast or using the free Walk to School materials in the classrooms, share how your school is helping students to get active! Walk to School is looking for some creative ideas like shoe parades or art installations that shine the spotlight on active travel. You can also share how you've created safe and fun walking routes to teach kids the importance of building healthy habits.

Facebook competition for families taking part in Walk to School 2019

Walk to School invites parents and carers to share pictures of their families taking part in Walk to School to be in the running to win a footy prize pack, including a personalised video message from an AFL or AFLW player! To enter all you need to do is snap a pic of your family taking part in Walk to School, whether they ride their bike or scooter, or walk with their pet or family.

What families need to do?

1. Follow the Walk to School Facebook page <https://www.facebook.com/WalkToSchool/>
2. Take a photo of their kids getting active as they travel to and from school and post it in the competition posts pinned to the top of the Walk to School page each week of the competition.
3. There is no limit to how many times you can apply, so the more times your kids walk, ride and scoot to school the greater chance you have of taking home a prize!

What are the prizes?

Prizes will be awarded to a different family for each week of Walk to School. Winners will receive a prize pack from Walk to School Community Partner the AFL Players' Association including a personalised video message from an AFL or AFLW player.

What's the criteria?

Pictures must be uploaded in the comments of the competition post each week of Walk to School.

Schools and teachers are not eligible to enter this competition entries must be shared by parents/carers.

Families are only eligible to win one prize for the entire competition period; however, they can enter as many times as they want.

Lots more will be happening for Hindmarsh Walk to School 2019 including weekly competitions! Check with your school or stay tuned to Hindmarsh Shire Council Facebook page for further information.

Canteen Roster

TERM 4

October

Mon 7 T. Bigham/ A. Roberts
Wed 9 K. Preston
Fri 11 K. Weir/ C. Fisher

Mon 14 J. James/ M. Zadow
Wed 16 R. Bastin
Fri 18 J. Thomas

Mon 21 G. O'Halloran
Wed 23 D. Camilleri
Fri 25 N. Kruger/ E. Clarke

Mon 28 E. Staples
Wed 30 R. Richards

November

Fri 1 K. Kajewski

Mon 4 M. Ismay
Wed 6 N. Leach
Fri 8 R. Keller/ R. Clugston

Mon 11 C. Petschel
Wed 13 S. Clark/F. Czuczman
Fri 15 B. Eckermann

Mon 18 S. Smith
Wed 20 D. Huff
Fri 22 T. Gould/ A.J. Heinrich

Mon 25 K. McKenzie
Wed 27 A. Ey

Dec

Mon 2 E. Eckermann
Wed C. Cocks
Fri 6 T. Tregenza/ S. Gelligen

Mon 9 C. Saul/ S. Coyne
Wed 11 J. Keller
Fri 13 A. Riordan

No canteen last week of school.

Canteen Emergency Workers

Lauren Heinrich (Wed & Fri only) 0459363319
Kim Kajewski 0448352251
Debbie Lowe 0488115973

Please contact the above emergency workers if you are unable to do your canteen duty or arrange a swap with another person on the ros-

Rainbow P-12 Parents & Friends Show Day Luncheon at the Rainbow Recreation Reserve

**\$15 per head
2 course meal
Takeaway meals
will be available**



**Shake Rattle
and READ**



**October 21st - SRR
October 22nd—Playgroup
October 28th—Playgroup**

**November 4th—SRR
November 11th—Playgroup
November 18th—SRR
November 19th Playgroup
November 25 Playgroup**

**December 2 SRR
December 3 Playgroup
December 9th Playgroup
December 16th SRR**