

Rainbow P-12 College is a Child Safe School

NEWSLETTER

Issue 26 22nd August 2019

Principal's Report from Mr. Coffey

Another Entertaining School Production

For those of us who attended the recent school production "The Ballad of Jessica James" we were treated to an enjoyable and entertaining evening. Once again all of the students worked well together, either performing on stage or performing their relevant support roles to an exceptional standard. It was very rewarding to see the development in confidence and acting of some of the students who have participated in our annual productions for a number of years. It was equally rewarding to see some of our younger students perform for the first time in this year's production.

A special thank you to Mrs. Lis Staples for her generous donation of time and energy again this year to provide this wonderful learning opportunity for the students and wholesome entertainment for the local community. Many thanks also to the staff and everyone else who assisted in supporting the students and school in providing this valuable learning experience.

Only 43% Response Rate!

So far we only have 17 surveys completed of the 40 we previously sent out. Although we have not been notified of an extension it appears that the survey link is still active. Approximately 50 per cent of parents have been invited to participate in this year's survey; however at this stage we will only have 21.5% of our parents providing feedback to us. All responses to the survey are anonymous.

At this stage the survey link is still active.

Please contact me at the school if you would like more information or to check if you have been sent a survey.

Upcoming Meetings...

The next School Council meeting will be held on Monday the 9th of September at 7:30pm in the multi-purpose building. The Parents & Friends Meeting will be held on Monday the 16th of September at 10:00 a.m. in the multi-purpose building.

Student supervision starts at 8.30am Prior to this there are no staff on duty.

Rainbow P-12 College 17 Albert Street PO Box 223 Rainbow Vic 3424 P: 03 5395 1063 F: 03 5395 1192 E: rainbow.p12@edumail.vic.gov.au

Calendar 2019 – Term 3 Term 3 Week 6 23rd Aug Week 7 29th Aug 29th Aug 30th Aug Week 8 2nd Sept 3rd Sept

VCE English study day & Yr 7/8 Active Girls Brunch

Responsible Pet Ownership (P-4) Fathers Day Stall Cluster Aths @ Rainbow

"The Man Cave" Community Evening "The Man Cave" Workshop 7-12 boys

Week 9 9th Sept 12th Sept

School Council RUOK? Day Junior Aths at Horsham

JUNIOR STUDENT DIARIES

Could all Junior parents make sure to check and sign diaries and to write any changes to bus in diaries.

BOOKCLUB

The return date for Bookclub is Wednesday 28th August.

School Uniform

Just a friendly reminder that students are to wear correct school uniform. Jackets & hats can be worn before, during breaks and after school. With colds & flu around please ensure that your child/children are dressed appropriately. Short shorts and leggings or active wear are not school uniform.

Parent information for Junior School Sports 30th August, 2019

Starting Time

On the day of the sports parents need to have their children at the football oval **at 9.15 sharp**, earlier if parents are helping with morning events/jobs. Bus travellers will be dropped off at the oval.

<u>Uniform</u>

House shirt and black or dark coloured shorts or skirt (the school has purchased a set of shirts which will available for loan. Please note your child may not get a shirt with their house colour). If it is cold, we encourage the students to wear warm clothes over the top. All students will also need their school hat and suitable running shoes. Please note that all students must have their shoes on at all times.

Food

They will need a drinker of water, play lunch and lunch if not purchasing from the parent club BBQ.

Cancellation

If the sports have to be cancelled a message will be put on the school web site and SkoolBag App around 7.30 am on the morning of the sports. If the sports are cancelled students are to come to school as normal.

Collecting students at the end of the day.

Could parents please send a note by Wednesday 28th August if they are going to take their child directly from the oval after the completion of the day. All other students will be returning to school and will be dismissed from there.

Programs

Programs will be available at the administration table for \$2.

Reminder for Photos at the Athletics.

Please take care when taking photos and remember that no photos should be taken of children, whether in the foreground or background, deliberately or accidentally, without their parents' or guardian permission.

Catering for the day

Prices are as follows; Chicken steaks \$4 Hamburgers \$ 2.50 Sausages \$ 1.50 Soup \$ 2.50

Slices/cakes \$ 1.00 Variety of drinks – \$2.00 to \$2.50 Variety of chocolates - \$0.50 to \$2.00 Tea/ coffee/ Milo \$ 2.00



<u>Preliminary</u>	Notice	for Junior	Athletics Sports Do	ay
		ath a		

<u>Friday 30^{...} of August 2019</u> (Please note the correct date)

Helpers needed

If you can assist with the <u>marking of the oval (prior) or assisting on the sports day</u>, please complete the form below and return to Mrs Gregory as soon as possible. Your assistance is greatly appreciated. Valma Gregory and Veronica Huff.

Name

will be able to assist marking the oval and/or

assist on the sports day.

Signature:

Dreamchasers First Aid Class

On Monday 5th—Wednesday 7th August we had Natasha from Mallee First Aid come in and teach Year 9 Dreamchasers class first aid. On the Monday we learnt all about CPR and the correct way to do it. On the following day, we learnt about how to deal with cuts, burns, broken bones and what not to do with them. On the final day we covered asthma, how to deal with snake bites and poisons, heart attacks and the difference between Hyper and Hypothermia. Finally, we got to learn all about epilepsy and strokes, as well as many other health conditions. We got to be real first aiders while someone would pretend to be injured and we would follow the DRSABCD procedure; that was very exiting and comforting for us year 9's. Overall it was a great three days and we all really enjoyed learning about first aid.



Phoenix getting medical attention





Izak with his bandages



Chemistry news—from Mrs Staples

Earlier in the Term, our three very enthusiastic year 11 Chemistry students, Kirsten Boyle, Lucas Doxey and Alannah James took part in the Royal Australian Chemical Institute Titration Challenge. Students were given chemicals with unknown concentrations and asked to perform titrations to discover those unknown values. This competition was held Victoria wide and these students obtained results that were only 0.392% away from the true value, beating some teams from elite Melbourne schools such as Toorak College, MLC, Firbank and Camberwell Girls' Grammar. Their accuracy was amazing and they have now qualified to compete at the national level in September. Well done and good luck for the next stage!

The Ballad of Jessica James—from Mrs. Staples

Monday and Tuesday, 19th and 20th August, saw the performances of "The Ballad of Jessica James" by the very enthusiastic Rainbow P-12 students. They have been rehearsing hard since early last term, so it was the culmination of lots of hard work over an extended period of time. Of special mention was the younger students who were even willing to take on multiple roles to help fill in. The older students also led by example and it was really pleasing to see how much they have improved in their acting skills from previous years.

There were also many helpers backstage and supporters – students, parents and teachers, who helped with line learning, props, sound, lighting, backstage and sets. Everyone worked together very well and it truly was a team effort.

Thank you to all involved and to those who came and supported the students by their attendance. The smiles on their faces at the end of the night makes all the hard work worth it. Well done everyone!

Photos following next two pages.

The Ballad of Jessica James





























The Ballad of Jessica James











CAST & CREW



Kayla proud of her efforts



Phoenix enjoying himself



Look at that concentration on Pippa's face!





Kolby looking cheeky!





Emma emerging from the tunnel



Great balancing act Hugo!

Koby in action





Adalyn showing off her hard work



Thumbs up from Lenny



Miss Clarke helping Koby out



A classic Dab from Morgan

Skekere Beats









Holly getting some quick lessons



Kolby getting the beat!





Amaya, Lenny & Haylee in drumming mode





Lucy & Jessica in action

Students of the Week



<u>Senior</u>

Mitch Ey—for his zest and respect when learning and performing his dance for the Around the World program.

Liam Preston—for his eternal zest and optimism shown during the share market game.

Angel Nikkleson—for being helpful to others during class time and at pack up time.

Emma Saul—for always taking an active interest in her learning. Jacob Boyle—for working hard to complete all his work and trying his best. Lily Saul—for working extremely hard on her talk time.





MS Readathon—from Miss Newton

Our school is doing the MS Readathon! We are reading as many books as we can throughout August and raising funds for children who have a parent living with multiple sclerosis.

We would love for you to join us by registering on the website <u>www.msreadathon.org.au</u> and signing up with our school! Our page is:

Rainbow P-12 Bookworms.

If you'd like to donate a few dollars to this worthy cause, that would be greatly appreciated (make sure you donate to our school fundraising page **Rainbow P-12 Bookworms.**) We have a goal to raise \$500! We've already raised \$543.12!

Junior School Athletics Practice

Over the next few weeks, students will be working on developing their athletics skills. As classes will be going out most days (weather permitting) we ask that students bring their runners each day. If their runners are not required at home, they can leave them at school.



Shake Rattle and READ



August 26th SRR September 2nd—Playgroup September 9th—SRR September 16th—Playgroup

Don't forget your reading bags

Rainbow Playgroup

invites you to a

Mobile Playgroup Van Session Tuesday 27th August 9.30 –11.30am At the Rainbow Kindergarten 26 Tavener St, Rainbow Morning tea provided Cost: \$2.00 For further details contact Roschelle 0417087911



Canteen Emergency Workers		
Lauren Heinrich (Wed & Fri only) 0459363319 Kim Kajewski 0448352251 Debbie Lowe 0488115973		
Please contact the above emergency workers if you are unable to do your canteen duty or arrange a swap with another person on the roster.		
<u>Absences</u> If your child/children are going to be absent or have been absent can parents/carers please use the skoolbag app, send a note or phone the College office on 53951063.		
Please do not contact the class teacher re absences by phone, text or class dojo If no contact is made a phone call will be made to you if your children are absent. Our absence co-ordinator Leonie Clarke is then able to enter the absence details which is a requirement from the Education Department.		

Do you want to understand mental health better?

Do you have concerns about someone you know or love?

- Depression & Anxiety problems
- Panic attacks
- Alcohol misuse
- Aggressive or risky behaviour
- Hurting themselvesRecent or past trauma

- Suicidal thoughts and behaviours

- Effects from drug use

FREE Standard Mental Health First Aid 4th Edition

What is Standard Mental Health First Aid?

The 12-hour Standard Mental Health First Aid course teaches adults (18 years and over) how to provide initial support to adults who are developing a mental illness or experiencing a mental health crisis.

Learn how to recognise the symptoms to give initial help to someone experiencing mental health problems, in a mental health crisis situation, or in the early stages of a mental illness.

Two Day Course—3 options available Day 1—Tuesday 17th September 9am—4pm Day 1—Tuesday 15th October 9am—4pm Day 1—Tuesday 19th November 9am—4pm

Day 2—Wednesday 18th September 9am to 4pm or Day 2—Wednesday 16th October 9am—4pm or Day 2—Wednesday 20th November 9am to 4pm

Location: Woomelang Cost: Free Lunch provided by W&DBNC Woomelang & District Bush Nursing Centre, 16 Proctor Street, Woomelang To register please contact Lissy Johns at Wimmera PCP on (03) 53623446 or lissy.johns@wimmerapcp.org.au



Rainbow P-12 College Parents and Friends

Fathers' Day Stall

29th August 2019

9.30am in the Rainbow P-12 Hall

Gifts from \$1.00 up to \$5.00

Senior students welcome to purchase items during recess. Grandfather items also available.

