

NEWSLETTER

Rainbow P-12 College is a Child Safe School

Issue 31 October 25th, 2018

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Principal's Report from Mr Coffey

The End is Nigh

We wish to congratulate our six Year 12 students Georgia Clifford-King, Kayla Norris-Burnett, Bridie O'Halloran, Kimberley Roll, Rachel Staples and Victoria Young who will be completing their last day of assigned Year 12 classes this week.

They have worked hard at their studies and made a significant contribution to the school through their leadership and involvement in a range of activities over the years at primary school, Rainbow Secondary College and now Rainbow P-12 College.

We have a number of formal and informal ceremonies scheduled to recognise their achievements and support them in their transition to their post school lives. On Tuesday at recess the girls joined the staff for morning tea and the gastronomical maestros of Mr Pilgrim and Mr Cook prepared a hearty breakfast for them on Wednesday morning.

We hope you enjoyed your last official day at school and wish you all of the best in your future endeavours, be it in the workforce, further training or tertiary study.

2019 Planning

We are well into our planning for the 2019 school year with the VCE subject selection process well underway and the work force planning arrangements approaching completion.

School Council/ Parents and Friends

The next School Council meeting is Monday the 12th of November.

Parents and Friends will meet again on Monday the 5th of November at 7:30 pm in the MPB.

Year 9-11 Exam Period

We will be trialling an exam timetable in the week starting Monday 5th to Thursday 8th November. Year 9 & 10 will be completing exams in the core subjects– English, Maths, Science & Humanities. The purpose of this is to develop students skills and confidence in sitting exams. If a Yr 10/11 student has 3/4 exams, these will take precedence.

Calendar



October

Thu 25 Kinder transition
Music show
Wed 31 VET induction day
VCE written exams start
Walk to school & Breakfast

Nov

Mon 5 Yr 7 Immunisations`
Parents & friends at
7.30pm
Mon 5 - 8 Yr 9– 11 Exams
Wed 7 SM Cluster Meeting
@ Yaapeet
Fri 9 **Health & Wellbeing day**
Mon 12 School council
Tue 13 Gr 6-Yr 7 transition
Thu 15 P-1 Zoo trip - Halls Gap
Wed 21-Fri 23 5/6 Cluster camp
Fri 30 Yr 11 finish

Dec

Mon 3 Parents and Friends
at 10am
Mon 3-Wed 5 7/8 Surf Camp
Fri 7 Yr 10 finish
Mon 10 School council
Tue 11 Transition day
Wed 12 Music concert
Thu 13 Year 6 Graduation
Fri 14 Year 12 Graduation dinner
Tue 18 Speech night
Fri 21 End of term

Parents & visitors to the College

**It is essential that when you are visiting the College that
you must enter via the front office and sign in**

Thank you.

Students of the Week



Junior School: Benjamin, Clarissa, Lily (honourable mention), Baxter, Ruby, Giaan & Charlotte



Senior school: Ian & Ayla

Apology

We have mixed up the Eckermann twins and last week we wrote Amaya as opposed to Giaan.
(it was Giaan last week too)



Immunisations

The last round of immunisations for Year 7 will be held on Monday 5th November at 11am



2018 VCE Exam Timetable

Wed 31st October	English	9am -12.15pm
Thur 1st November	Psychology Economics	9am -11.45am 2pm-4.15pm
Frid 2nd November	Further Maths Examination 1	2pm-3.45pm
Mon 5th November	Further Maths Examination 2 Business Management	9am-10.45am 3pm - 5.15pm
Wed 7th November	History: Revolutions	3pm-5.15pm
Thu 8th November	Product Design & Technology Health & Human Development	9am-10.45pm 11.45am-2pm
Frid 9th November	Physical Education	11.45am-2pm
Tues 13th November	Chemistry Visual Communication Design	9am -11.45am 2pm-3.45pm
Wed 14th November	Physics	9am-11.45pm
Mon 19th November	Media	3pm -5.15pm
Tues 20th November	German	11.45am - 2pm

A week in the life of Rainbow P-12 College

A visual summary of the last week through the lens of Mrs P's camera!



Emma telling us about her day at the show



Koby & Kolby all smiles on the playground



Is there a doctor in the house...young Lane in action



Curtis and his line-up of cars



Learning about healthy teeth & dental care



The visiting dentist truck from WWHS



Inara & Adalyn looking beautiful in their lovely dresses



Amaya & Tyler with their wonderful creation

HEALTH & WELLBEING DAY

FRIDAY NOVEMBER 9th

After the resounding positive feedback from last year's day we have decided to continue the concept of running a Health & Wellbeing day.

As part of our Positive Education program we are organising a number of activities & guest speakers to come to work with the students focusing on the many topics relating to our health & wellbeing.

The title of this year's program is JIGSAW – LET'S PUT THE PIECES TOGETHER and relates to the many aspects of our lives that we have to connect to ensure a healthy mind & body.

This year our featured speaker will be....



NATHAN HULLS

Australia's #1 Youth Motivational Speaker

High School Motivational Speaker + Resilience Specialist

Nathan Hulls has been engaging, inspiring and empowering students, teachers, youth workers and parents across Australia for the past 19 years.

Through his research into positive psychology, social + emotional intelligence, resilience and motivational theory Nathan has designed and runs seminars that engage and strengthen the whole school community.

Nathan's stories of overcoming adversity and disability at a young age, to follow his dreams and achieve success have inspired hundreds of thousands of others to do the same.

His passion to help young people is evident in his presentations and he has an amazing ability to connect and engage with youth right where they are at, bridging the gap and giving them the tools and the strategies to help them uncover their true potential.

Other speakers and activities at this stage will include....

- ◆ Wise Self defence
- ◆ Spinchat*
- ◆ Provision of a healthy lunch (free)
- ◆ Mindfulness colouring activities (on the jigsaw theme)
- ◆ Yama Yoga
- ◆ ...other activities to be announced in coming weeks



*Check out the Spinchat Australia Facebook page to see last year's speaker Robbie Peime who completed the "Around the Bay" bike ride on Oct 7th.



HeadSpace will also be bringing their bus up to Rainbow on **Monday 12th November** for students & staff to check out the services they have to offer.

Walking School Bus

On Wednesday 31st of October as part of Active October we will be having a walking bus.

The walking school bus will go around town (with the supervision of teachers and any volunteer parent helpers), picking up children on their way to school. By the time we all get to school, the idea is that we have "a bus load" of children on board.

Bus travellers can be picked up from the post office if they would like to participate.



Pick up points are as follows;

1. Hospital	2. Eddy & Taverner St	3. Kinder	4. Post Office	5. Bow & King St
8.20am	8.25am	8.30am	8.35am	8.40am

- ◆ There will be a healthy breakfast served when the Walking School Bus arrives at Rainbow P-12 College.
- ◆ Please note - Junior students will have a permission/information note sent home separately. (Correction: The month on the note that was sent out incorrectly stated November, just to confirm it is the 31st of October)

Junior School Council Fundraisers

Junior school council will be selling milkshakes in the hall for the junior kids for \$3.00. We will be also selling icy poles for 50c in the junior building

Milkshake dates

8th November

6th December

Icy pole dates

1st, 15th & 29th

November

13th December

School Uniform

Please make sure that your students are wearing correct school uniform

The uniform requirements are outlined in the front of the student diaries

Shorts must be appropriate length and not sports shorts



Sunsmart

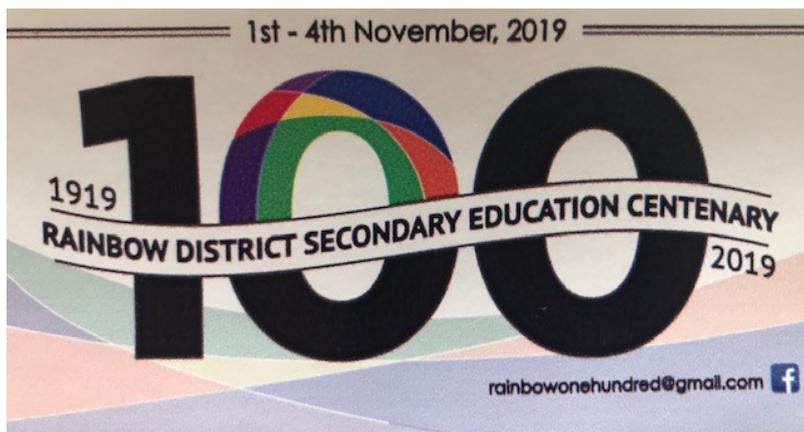


Reminder that all students need to bring their school hats to wear during term 4
Red & Navy hats are available for sale at the office for \$7 each

Parents & Friends club membership

Want more say on what we fundraise for and how we do it?

Become a financial member by paying just \$1 and come along to our monthly meetings to make your vote count. Money can be handed to Chantelle Petschel or the front office.



WANTED

Margarine or butter containers for the Art room

Please drop them into the office



Canteen Roster 2018

Term 4

October

Fri 26 J. Thomas

Mon 29 T. Tregenza/ S. Gelligen

Wed 31 J. Fuller/ N. Leach

November

Fri 2 N. Eckermann/ L. Heinrich

Mon 5 D. Camilleri

Wed 7 C. Petschel

Fri 9 No Canteen Health & Wellbeing Day

Mon 12 K. McKenzie

Wed 14 T. Gould/C. Roll

Fri 16 S. Perkins

Mon 19 T. Bigham/ A. Roberts

Wed 21 A. Gebert

Fri 23 A. Riordan

Mon 26 R. Richards

Wed 28 J. Keller

Fri 30 J. James

December

Mon 3 S. Coyne/ C. Saul

Wed 5 S. Smith

Frid 7 B. Eckermann

Mon 10 G. O'Halloran

Wed 12 K. Preston

Fri 14 M. Ismay



headspace provides counselling and support to young people from 12 - 25 years. The service covers issues such as relationships, drug and alcohol, mental health, bullying, anxiety, depression, bad thoughts and uncertainty about future plans.

The centre is a safe zone for your people to drop in, check it out or talk to a youth counsellor.

headspace is also a LGBTQI friendly service and invite all young people to visit **head space**.

Telehealth sessions can be arranged through the school where you confidentially talk to a **headspace** counsellor over the phone (Please see Mrs Petschel for details).

headspace

Horsham

77 Hamilton Street, Horsham, Victoria 3400

P: (03) 5381 1543

info@headspacehorsham.org.au

www.facebook.com/headspacehorsham

Canteen 2018

The canteen operating days for lunch orders and counter sales are

Monday, Wednesday and Friday

Senior students have access to the canteen eating area, microwave & sandwich toasters 5 days a week

Canteen Emergency List

Kim Kajewski 0448352251

Debbie Lowe 0488115973

Rebeckah Richards 53226190

If you wish to be placed on the emergency list please call the office on 53951063.